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Issue 12 • July, 2022

Palm Coast

Editor/Publisher
Tom Aikins
Associate Editor
Amy Armstrong
Art Director
Lili Pappas
Business Manager
Ann Chuimana
Advertising Manager
John Williams

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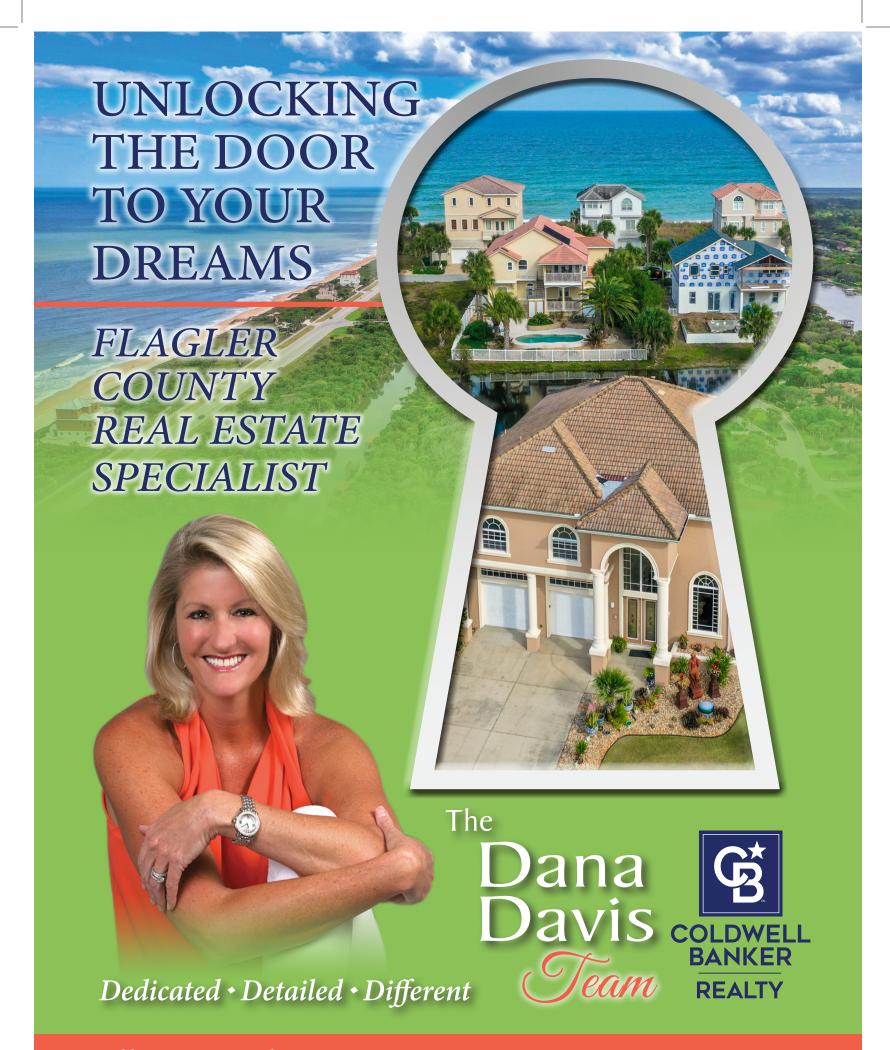
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Welcome to the 12th issue of Palm Coast. It's hard to believe it's been almost a year since we published the first issue of Palm Coast on August 1, 2021. Since then the magazine has grown from 24 pages to 48 and the revenue has tripled. We've received a great reception from the business community so far as well as from the thousands of readers we have every month. In short, life is good and we intend to keep growing and improving regularly. That's easier said than done obviously but if there's one thing we have learned in the four-plus decades of business experience we've acquired it's this: hard work and determination will usually conquer anything. So it's mostly a matter of rolling up our sleeves and continuing the process that got us this far. Thanks to everyone for the many contributions that have helped us to along the way and we look forward to many more issues of Palm Coast magazine being published in the months and years ahead.

On The Cover

This month we take a look at the great people who run our city government, all 11 department heads and our City Manager.





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News Of The Palm Coast World



FIND Helps Fund Future Exhibit Of Flagler's Waterways

On June 15th the Palm Coast Historical Society received a little helping hand from local artists after an exhibition during the Florida Inland Navigation District Commission's public outreach event in Palm Coast in May.

Flagler County Florida In-

land Navigation District (FIND) Commissioner Randy Stapleford created a showcase experience for the constituent outreach event at the Palm Coast Community Center, where attendees could speak with FIND commissioners about issues.

Above: Flagler County Florida Inland Navigation District (FIND) Commissioner Randy Stapleford presents a check from local artists to help the Palm Coast Historical Society create an exhibit and host speakers to feature the area's inland waterways. Society President (L) and Vice-President Kathy Reichard-Ellavsky are also pictured. All articles in our news section courtesy of Flagler News Weekly, www.flaglernewsweekly.com.

Invited artists displayed their waterway-themed works, agreeing to donate a portion of the sales to the Palm Coast Historical Society, and last Wednesday Stapleford was pleased to present the check to organization president Elaine Studnicki at the historical society's museum location.

"It's because of people like Randy Stapleford and FIND that the historical society can reach out to community members with programming," shared Studnicki. The Palm Coast Historical Society has taken on an increased visibility in the community, starting with the 50th anniversary programming in 2020 and has continued to build on the momentum with a speaker series, funded in part by a grant from the Florida Humanities Council.

Stapleford is working with Studnicki and fellow volunteers to create a space for the Florida Inland Navigation District's story within the museum.

"The money will help design a new exhibit based on the wa-

terways in Palm Coast and here in Flagler County," said Studnicki. "Hopefully it will highlight how important FIND is and the good work that they do."

Tracing waterway history back to the area's earliest inhabitants, Studnicki and vice president Kathy Reichard-Ellvasky hope to learn more about the connection between the modern day Intracoastal Waterway and the historic waterways used to transport goods.

"There is really an historic thread between FIND and our early history," said Studnicki.

The Palm Coast Historical Society also has plans to launch a Historical Academy in conjunction with the Flagler County Historical Society in early 2023.

"It's going to be in January and modeled to a certain extent on the police academy and the citizen's academy except this is going to take all of Flagler County history and over a six week period professional speakers will be in to talk about the history of our county," said Studnicki.

Palm Coast Sheriff to Head Florida Deputy Sheriffs Association

Flagler County Sheriff Rick Staly is honored to have been recently elected as the President of the Florida Deputy Sheriffs Association (FDSA) with his term beginning in July 2022. Sheriff Staly previously was the Vice President for FDSA for two years.

"I'm honored to have been elected as the President of the Florida Deputy Sheriffs Association," Sheriff Rick Staly said. "This is a great organization that supports Florida's Deputy Sheriff's and I'm proud to be a part of it. The Florida Deputy Sheriff's Association upholds a standard of excellence that I believe in and I am excited to start my term in July as the President of this prestigious

organization and carry-on the tradition of providing support and improved benefits to our members."

The mission of the Florida Deputy Sheriffs Association is to establish a network of knowledge, promote professionalism, support law enforcement and detention deputies and employees of Florida Sheriffs.

Made up of 11 executives as the Board of Directors, the Florida Deputy Sheriffs Association is committed to providing a foundation of education and cohesiveness throughout the state.

The Florida Deputy Sheriffs Association is a not-for-profit association that was established in 2008 by Sheriffs to

provide comprehensive benefits and a professional network, as well as camaraderie a communications forum for Sheriffs' Office staff. Membership is available to the more than 40,000 staff, volunteers and retirees of Sheriffs' Offices throughout Florida. The association provides insurance policies, legal benefits, training and other services to deputies and staff that may not otherwise be available to Sheriff's



www.palmcoastmax.comonnel.

New Fire Chief Selected for Palm Coast

Cheers of congratulations went up from colleagues and co-workers who have known Battalion Chief Kyle Berryhill over his 17 years of service to the city of Palm Coast as his name was announced to become Palm Coast's next fire chief on a recent Tuesday night during the city council's business meeting.

With big shoes to fill, Berry-hill will follow the respected and admired Palm Coast Fire Chief Jerry Forte upon his retirement this fall. In service since 1990, Forte grew misty eyed when thinking about what comes next after 32 years of service.

"I started in 1990 and entered into the career service in 1992," said Forte.

"There are so many boxes that I can check, but at the end of the day, it's the people. All of the people that leave their families to give their all for strangers that they don't know, because that is what they want to do, when you have a group of people of this caliber, it's not work. When you go to your job, it's another family, and that's how I've been looking at it for years."

Forte has been working with Berryhill on the administrative side to help prepare to lead the department, something Forte says he's well-equipped to do.

Forte is a bedrock in the City of Palm Coast's administration, providing a steady hand through turbulence and sharing his expertise during times of uncertainty. Forte's confidence in the ability of Denise Bevan to serve as the city's interim manager was shared by the city council, and Bevan went on to earn the permanent position in 2022.

Vetting and mentoring Ber-

ryhill, Forte has the same confidence in his ability to lead the next generation of firefighters for the city.

"When you're in a position of responsibility and you have to ensure that the organization carries on, no matter what, you look for those folks that are skilled and specialized," explained Forte.

"Kyle is the all-around entity that can carry the load. He's got street credentials with the folks working on the trucks, he's administratively brilliant, he's able to master all the tasks needed to be a leader."





Local Happenings



The Flagler County Detachment #876 Marine Corps League Bowling team had their Annual Dinner at Houligan's Bar and Grill on May 26, 2022. For more information about this group contact Ellen Werner at ellenwerner69@gmail.com.



Teresa Rizzo (3rd from left) was presented with the 'Fang & Claw' Award at the June Tiger Bay meeting in Palm Coast. Brad Swanson, President and CEO of Florida Internet and Television, (2nd from right) was the featured speaker.



The Italian American Club installed new officers for the club on June 11. Front row from left: Joe Abitante, Richard Lauria, Colette Kraemer, Mary Ann Landolina, Edward Uribe. Back row: William Agee, William Luke, Claudia Miller, Walter Teper. Absent: Margarita Perry.



Pictured are Friends of A1A Board members Lauren Trice, Regan Hansen, President Bill McClure, and Vice President Rick Belhumeur along with Michael Baskin, A1A All-American Road Logo Design Contest winner in a ceremony in June.



The Professional Women of Flagler County held their monthly event at Premier Chiropractic on June 15. Dr. Erika Equizi demonstrated techniques and treatments for the club members. For more information about this group seee their Facebook page.



Florida Governor Ron DeSantis was surrounded by members of law enforcement as well as staunch supporters of the canine community as he put pen to paper in Bunnell recently, making the 'Care for Retired Police Dogs' legislation official.



The Boss Ladies of Flagler County met on May 25 at the Brass Tap in Palm Coast for their monthly evening social. The Flagler Open Arms Recovery organization presented information about opiod addiction among other important topics.



FCSO, Florida HP, Flagler Beach PD and the Bunnell Police Department recently worked together as Operation D.R.I.V.E. (Distracted and Reckless Intersection Violation Enforcement) to enforce traffic laws on our roadways.



The Boss Ladies of Flagler County met on June 21 for their monthly event and also to commemorate the club's second anniversary. The theme of the party was Denim & Diamonds and the members dressed appropriately, with plenty of denim and diamonds to go around. The highlight of the evening was a raffle which saw more than 50 prizes given to winners, from some of the many businesses represented by club members. For more information on the club see their Facebook page.



The Referral Diamond Club held their weekly networking meeting on June 22 at Carrabba's in Palm Coast. The group provides sales leads for its members and has weekly presentations. For more information about the club contact Brad Ward at 386-283-0955.



Flagler County Detachment #876 of the Marine Corps League presented Palm Coast Publisher Tom Aikins with certificate of appreciation on June 21 at the VFW Hall in Palm Coast in acknowledgement of the publicizing of the detachment's activities.



On May 27 Flagler County Sheriff's Office Chief of Staff Mark Strobridge graduated from the 24th session of the Federal Bureau of Investigation Florida Executive Development Seminar, sponsored by the FBI and the Florida FBI National Academy Associates, Inc.



The Palm Coast Business Professionals held their weekly meeting at Carrabba's Italian Grill on June 22. Frank Mercer, Director of the Center for Business and Industry at Daytona State College, made a very intersting presentation to the group.



On June 20 students of the third cohort of the Flagler County Leadership Academy were recognized during a brief graduation ceremony. Sixteen students – representing the Flagler County Board of County Commissioners, the Flagler County Sheriff's Office, the Flagler County Tax Collector's Office, Flagler County Supervisor of Elections, and Flagler Schools, as well as the cities of Bunnell, Flagler Beach, and Palm Coast – were presented diplomas for completing this leadership development program.

Palm Coast People

An Opportunity to Learn About the City's Trail System

His job is to get residents of Palm Coast out and about enjoying the city's numerous parks and trails through hosting community gatherings.

"My goal is to get people outdoors on our trails and in our parks appreciating the nature all around us here in Palm Coast," said Jared Dawson, recreation supervisor of special events for the City of Palm Coast Parks and Recreation Department.

The Tour de Palm Coast scheduled for Saturday, July 23, 2022, leaving from the Palm Coast Community Center at 8 AM is one of those opportunities Dawson leads.

"I know it (the title) sounds like it is a race," Dawson said. "But it is not. Rather it is a leisurely guided bike tour that is friendly to all ages and abilities."

Noting that families with small children and seniors who don't necessarily pedal at a fast pace often attend the "tour," Dawson said the group of cyclists often stop to look at and learn about various fauna along the chosen route.

This year's route is five miles long, Dawson said. He expects the loop route to be completed by 10 AM with the tour returning to the community center at that time.

Of course, avid and experienced cyclists are welcome

"They just often have to slow down for the tour," he said.

The "tour" route through Linear Park, along the St. Joe Walkway and through Waterfront Park is pretty much flat, Dawson said. He personally enjoys the tree canopy and its shade over the trail through the St. Joe Walkway: It is one of his favorite places to go in Palm Coast.

"You can see some of the oak trees along that trail that have been here since before Palm Coast was Palm Coast," he said. "It really is beautiful."

Another feature of the "tour" is the potential to spot wildlife in the intercoastal waterway.

"We often see birds fishing in the intercoastal as well as dolphins and once we saw a manatee," Dawson said. "The coolest thing we saw once was a dolphin body slamming a fish. It was super loud."

As a lifelong resident of Palm Coast – he only left for a stint in the military – Dawson is grateful that most of the city's trail system run through land tracts protected from development.

"It has a real appeal for Palm Coast residents," he said, noting the city has more than 120 miles of maintained trails for biking and hiking. "We have these trail systems that will never go away."

Of course, the bike tour isn't the only activity Dawson coordinates

Food trucks on Tuesdays and movies in the park the second Friday of each month are just a couple of the other events he coordinates. Both events are held at Central Park in Town Center.

For those seeking a more strenuous activity, Dawson recommends something he participates in regularly with





his friends and co-workers: Ruk marching.

This incorporates a 30-pound backpack with walking at about five miles per hour. It isn't for the faint of heart or stamina. It's an activity he picked up on while in the military.

It also isn't an official activity with the city, but Dawson welcomes others to join him and his crew.

"It's good exercise," he said. "We talk, we joke around, we

clear our heads."

You can connect with Dawson by calling Parks and Recreation at (386) 986-2323.

Note: Participation in the Tour de Palm Coast is free. All riders must wear a helmet. Bring water for the ride. Refreshments served afterward at the community center. Pre-registration is required. Do so online at www.palmcoast. gov/events.

- Amy Armstrong

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Christmas Comes In July Too This Year

She isn't bringing in snow for Christmas in July in the Palm Coast area, but Nadine King is once again taking advantage of the popular mid-summer marketing ploy to raise public awareness of the financial needs of those served by her non-profit, Christmas Come True.

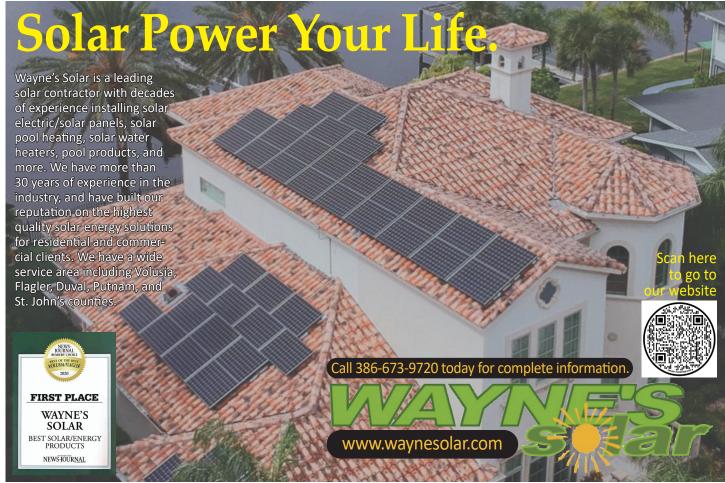
"That would be a 'no way' on the snow," she joked with Palm Coast Magazine. "But a definite yes, yes, yes on getting a head start on fundraising for the coming holiday season and raising awareness of the yearround needs of families in this community."

CCT raises more than \$100,000 each holiday season to provide presents and meals to struggling Flagler County families. In 2021, the organization helped 160 families with more than 500 children.

CCT's work goes far beyond the holidays. In early June, King said rents and utility bills for several clients struggling to get by were paid by the organization. The organization provides household goods — particularly beds and bedding — on a vear-round basis.

Several events are planned for the month of July.

July 13 at 6 PM: Hammock Wine & Cheese located at 5368 Oceanshore Boulevard hosts a fundraising event for the CCT building fund. Event admission is \$12 in advance or \$15 at the door and includes complimentary buffet and live music. Drink specials available for





purchase. A silent auction and raffles are also scheduled.

July 21 at 5:30 PM: Adams Cameron Realty and Ron Harlow host a fundraising event specifically for the CCT's Christmas Fund. Event features auction items, entertainment, food, and raffles.

A "Building Brick" fundraiser for CCT also begins in July. Each brick is \$50 and will be

engraved with the donator's name. These funds will be earmarked for CCT plans to purchase a building of approximately 40,000 square feet for its holiday and year-round operations and to create a community learning and business center, King said. CCT's thrift store located at 2729 E. Moody Boulevard in Bunnell.

- Amy Armstrong



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Health & Wellness

Taking care of your knees

Throughout my chiropractic schooling there were a few experiences that left a major impression on me, one of which being the first time I had my knee adjusted.

When we look at the knee we see four bones, the patella (or knee cap), the femur (on top), and the tibia and fibula below. These bones, along with the muscles and ligaments that connect and protect them, are like the hardware of the knee joint.

What an adjustment to the knee, or any other joint for that matter, accomplishes is like an effective software update. By software I mean that the muscles and nerves around the joint can be reset with an effective adjustment and this was my personal experience years back in school. Just as your phone, laptop, or desktop computer can function more efficiently after receiving a software update so can the joints throughout your body benefit from adjustments. This therapeutic update of the knee joint is what I personally experienced years back and it ended a chronic pain I had following an ACL tear and subsequent surgery.

At the time I was no stranger to the night and day difference a specific and skillful adjustment could make to the bones of the spine and pelvis. Chiropractic adjustments to my spine had provided instantaneous relief to sharp stinging back pain I experienced as a teenager. This pain was a result of the wear and tear from

Dr. Joshua Wright is a practicing chiropractor here in Palm Coast and he knows what he's talking about. You can reach him at 386-999-3363 and see his website at www.pivotalhealthsystems.com

avid snowboarding coupled with year round involvement in competitive team sports.

My body needed a break and a chance to heal and it communicated that need clearly to me through a sharp pain which slowed me down in many aspects of my life. It was the incredible difference I felt after an adjustment that inspired me shoes. It is possible to have strength in such mobile joints as the ankle, or comparatively the wrist. However, if tightly fitted snow boots or soccer cleats compensate for a lack of strength of what are known as the intrinsic foot muscles, or the muscles that connect the lower leg to the foot, then excessive stress is translated unto

the leg into other joints, some of which are not designed to handle such stress.

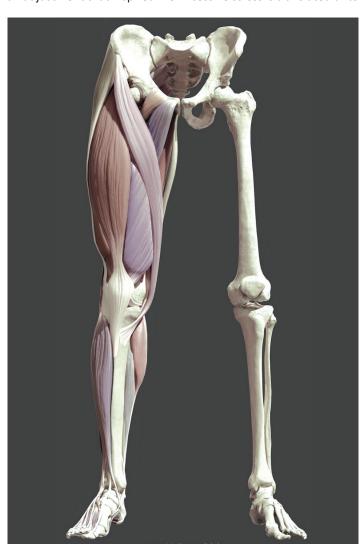
Routinely in my practice I see patients with horrible hip, knee, or lower back pain who wear shoes that are excessively tight, restricting the movement of their foot bones and changing the biomechanics of the leg for worse. Because I see this during thorough evaluation, I address it with adjustments to the bones of the foot, the ankle, the knee, the hip and of course, the pelvis and spine.

From a holistic perspective, the foot bone is connected to the knee bone... and the knee bone is connected to the hip hone.

Where can you start? Consider listening to your body as if it were trying to intelligently communicate with you. Ask questions. If you have elbow pain, check to see how well you can move your wrist and your shoulder. Knee pain? How strong are the muscles that support your ankle?

Be sure to ask the healthcare professionals you trust about how different joints of the body are related, and for effective means of achieving lasting relief, stability and strength. Look into such options as wide shoe sizes that give the bones of your foot ample room to splay out upon each step.

Also, routine self care like massaging and moving the bones of your feet twice a day can be a great investment in the foundation all of the other joints of your body rest upon. It only takes one minute, 30 seconds each foot, to manually bring each toe and the ankle through full range of motion. Do yourself this favor and your body, especially your knees, will thank you!



to pursue a chiropractic degree so I could help others achieve relief and gain their life back.

One of the mistakes I made both on the slopes and the soccer field was choosing stability over mobility of the foot and ankle when picking boots and the knee joint.

Think of each leg as a series of shock absorbers, beginning with the foot. If the foot is bound by too tight a shoe then the body is not able to dissipate the stress of each step efficiently. The buck is passed up

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The Historical Society Presents: Palm Coast Openings

The Hlagler Tribune Palm Coast Grand Opening Today THURSDAY, OCTORER SR. 1979 GOV. KIRK ATTENDS OPENING CEREMONIES











This month we take a look at opening ceremonies from the past including the most important opening of all in 1970, Palm Coast itself (Photo #1); the Publix store (Photo #2) and its opening event (Photo #6); the Memorial Hospital opening (Photo #3); the Yacht Club groundbreaking (Photo #4); the Sheraton Hotel opening (Photo #5).



Christmas in July Fundraiser for Christmas Come True

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Homeowners Corner

Unexpected challenges of various window treatments

If you're in the market for new window coverings, all the options can be a little overwhelming. While it might be easy to choose a product based on overall design and function, there are some smaller details that only come to light after installation. As a consumer, it is important to understand the differing expectations certain products can have. Below, we have outlined some expectations that come with various

blind or shade to raise and lower. While your windows will be measured to insure the best custom fit, measurement and production tolerance can vary from 1/8 inch to 1/4 inch. This is industry standard.

Multiple Shades in 1 Window: When multiple shades are mounted on 1 headrail there will be a small gap between each shade that can affect light flow and privacy.

This gap can be between 1/2 inch and 1 1/2 inches, depending on shade type and manufacturer.

Solar Shades:
If there are mesh screens on the windows, they may interact with the mesh in solar shades with a very loose weave. This can create a visual moiré effect and can be distressing to some people.

Power Shades: Battery powered shades that are placed side by side will eventually raise and

lower at different times due to the inconsistent source of battery power. Fully recharging the batteries will eliminate this issue.

ven wood shades are made from natural material and are naturally more prone to fabric inconsistencies and stretching/ movement due to humidity and temperature changes. This may not be readily apparent in

Woven Wood Shades: Wo-

samples that have not been repeatedly used.

Roman Shades: Initially, roman shades will require "dressing" to ensure the folds and creases are even when the shade is raised up. It will take time for the fabric to hold a "memory" of the folds. The outside view of the shades will show the liner, lift cords, and ring holes. Flat roman shades have visible stitching and pinholes of light where the rings on the liner are attached to the shade. This is more noticeable on plain or solid fabrics.

Panel Tracks: There is a small overlap of fabric where each panel meets, which will create a darker vertical color strip.

Wood Blinds: Wood blinds have visible holes down the front of the blinds where the string runs through to connect the slats. The wider the blinds, the more sets of strings and holes there will be.

Fabric: All fabric shades and draperies that are more than 40 inches wide may have vertical seams that can some-

times be visible. Fabric is typically ordered and cut on an as-needed basis which allows for truly custom drapes. Therefore, fabric products typically have a longer turnaround time because of potential flaws and backorders.

Drapes: Different fabrics can have different

compositions which may affect the draping. Thick upholstery weight fabrics do not always drape well, and fabrics with a high polyester content are prone to flaring at the bottom. Room darkening liners add extra weight to any drape and may causing tenting at the bottom.

Shutters: Hang strips or frames will provide a more visually pleasing shutter installation. However, if a window has a tilt-in feature for glass cleaning, the shutter will interfere with the tilt in window. To avoid this issue, a direct mount should be used so the shutter can be removed with the hinge pin to allow for glass cleaning.

While some of these small issues may seem insurmountable, most of them will be barely noticeable within the large-scale design of a room. However, it is always a good idea to consult with a professional when tackling any window covering projects. A good consultant can not only provide example pictures, but they can also walk you through all the pros and cons of each type of product.



window covering options that you may not have considered.

General Light Gaps: Inside mounted window coverings will always have small light gaps on the sides to allow the

Yhis article was prepared by Gotcha Covered, a family-owned window treatment business in Palm Coast. You can reach them at 386-225-1959.



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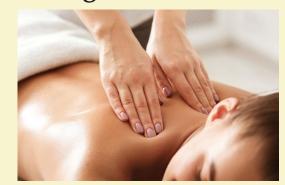
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City Of Palm Coast Welcomes Newcomers

That old saying, "that you can't fight City Hall," probably doesn't apply in Palm Coast. Most likely, you won't need to anyway.

At least that is the philosophy that Brittany Kershaw, director of communications and marketing for the City of Palm Coast, said city workers strive to convey to the citizens that come to their various offices.

"We have front line facing customer service personnel for a variety of our different departments where people come "Connect" written in white lettering.

"Here people can find all the information they need. They will get a welcome email that walks them through how to sign up for trash pickup, who their city council representative is, how to find various types of information about the city, where they need to go if they need a permit and how to contact law enforcement which is through the county sheriff and not the city," Kershaw said. "One of the most common

ates the online ticket and the work order immediately and allows the resident to stay in communication they whole time. It is highly open communication every step of the way."

Another cool feature of "Connect" is the ability for users to look up their water usage at any time

We clicked on "Connect" and found several helpful segments. "Help Center" answers a plethora of questions ranging what to do with a neighbor is

overwatering or if installing an above ground pool requires a permit plus much more. The "Stay Connected – Stay Informed" offers regular city updates. Garage sales are listed. "Get Involved" lists citywide calendar events dominated by offerings by the parks and recreation department as well as dates of council meetings and deadlines for upcoming bids.

Another handy listing: The scheduled vendors for Food Truck Tuesdays as well as the dates that the event proceeds support local charities.

"The city provides its residents with all the information they need to enjoy living here," Kershaw said.



to get help and they have an incredible turnaround time," Kershaw told Palm Coast Magazine. "Usually, their help is delivered right on the spot if they can. When they cannot, they are proactive in getting in touch with someone else to handle the need as quickly as possible."

Kershaw said the first interaction most residents have with city employees is when they sign up for utility services.

She encourages new residents to sign up for "Connect" at the city's website: www.palmcoastgov.com.

"Connect" is found as the second choice option on the top banner of the main landing page of the website. It is colored blue with the word, questions involves what things is a permit required for."

Currently, permits are required for driveway repair or tree removal as well as other activities. It is best to check first, Kershaw said. Good news: The city recently did away with requiring permits to build a fence, she noted. to

"Connect" also offers another feature Kershaw said is a huge plus for citizens and city employees to remain in contact during projects. It is an online ticketing system that provides real time updates as to the progress of the request made by a resident.

"These tickets go directly to the city employee responsible for taking care of that issue," Kershaw said. "The system cre-

Working For The City Is Not A Formal Affair

If you want to wear jeans to work, you might want to consider working for the City of Palm Coast.

Forget "Casual Friday."

That's so 20th century. Jeans aren't just for the blue collar worker anymore. And as far as the dress code for the City of Palm Coast is concerned, jeans are welcome Monday through Thursday as well.

"Just recently it was imple-

mented city-wide that on any day of the work week employees are permitted to wear jeans to work," said Kim Trettner, the recruiting specialist for the human resources department for the City of Palm Coast.

Now, of course, there are times when dressier business attire is a good idea, she noted. For instance, when interviewing candidates or entertaining VIPs.

But for the most part — especially for

the front line staff answering customer questions — the "jeans any day" standard is a break from previous wardrobe requirements that included dress shirts and ties.

"A lot of our employees now wear their City of Palm Coast shirt and their jeans," Trettner said. "It's a big deal. A lot of our employees tell us that they really enjoy it."

The City of Palm Coast is not



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Wednesday

East Coast Beach Baggers Cornhole Tournament 6-12

TX Holdem 6:30-10

Thursday

Line Dance Lessons w/ Karen & James 5-6



DJ Jim 6-9

<u>Friday</u>

BINGO 11:30AM



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- Dinner & Dance Debbie Owen & Tony T JUL 2
- JUL 9 **Fabulous B Naturals**
- **JUL 16** Randy Elvis Filippi
- **IUL 23 Black Velvet**
- **IUL 30 Seawolf Privateers Charity Event**
- AUG 6 Disco
- AUG 13 Soul Fire
- **Billy Buchanan AUG 27**

Everyone is welcome.

Call for additional information about becoming a member or attending an event as a guest

386-446-5632

51 Old Kings Road, N Palm Coast, FL www.socialclubofpalmcoast.org

Working For The City... from page 22

alone in the relaxation of the work dress code. A quick online search by this writer netted a couple dozen recent articles posted on the websites of Career Trend, Indeed and National Public Radio — to name just a few.

Now, something that the City did recently do on its own was to host a solo job fair. In a first ever move in the beginning of June, the human resources department held its own job fair.

"It went very well," Trettner said the week following the event. "Much better than we anticipated. So much so that we are considering doing it twice a year."

Of course, cost factored into this decision. It simply is more spendy to participate in a job fair held by another entity than it is to conduct one in-house, Trettner explained.

It wasn't so much that there was a glut of open positions at the end of May and early June, Trettner said. The City often has numer-

Carl Cote



Denise Bevan

ous job openings.

Its starting wage in just about every job category is lower than the private sector. That makes attracting young employees — who tend to be more focused on their hourly wage than benefits — a challenge, she said. It's even more difficult now that much of the retail sector is paying \$15 to \$18 an hour for entry level positions.

For example, the starting salary for new equipment operators who must have specific training and licensing is \$17-\$19 an hour. An entry level facilities administrative clerk earn \$17 an hour.



James Hirst



Doug Akins



Brittany Kershaw



"The City of Palm Coast offers excellent benefits that make a difference over the longterm," Trettner said. "And we have an incredibly supportive team environment here."

New employees with the City of Palm Coast begin their positions with 12 vacation days and 12 sick days. Those roll over to the next year if not used. Medical, dental and vision insurance is available and personal retirement accounts such as 401K is matched at ten percent of the employee's base salary, Trettner said.

"Working for the City of Palm Coast is very good for families," she said. "It is what attracted me here and it is what keeps me here."

Learn more about job opening with the City of Palm Coast at www.palmcoast.gov. Look under the blue highlighted tab "Get Involved" for the word "Careers" appearing in white lettering against a blue background.

Lauren Johnston

"It is very difficult for the City to compete with the private sector on this level of starting wages when now people can earn the same amount per hour working at Hobby Lobby for example or many other retailers now and not having to have nearly the qualifications in place less alone any experience," Trettner said, noting that earning various quals necessary for certain jobs isn't cheap.

By holding its own job fair, Trettner and other City employees had the opportunity to share with potential candidates the "other" reasons for working for Palm Coast.







Jerry Forte



Jason DeLorenzo

Who Does What In City Hall?

We asked each of the below department heads two questions: 1. What exactly does your deparment do? and 2. How can people most effectively interact with your office? Below are their responses.

City Manager's Office/Administration Denise Bevan, Lauren Johnston

- 1. The City Manager's Office serves as the Chief Executive Officer of the Administration of the City Government. This office plans and implements programs to meet the City's current and future needs, as well as oversees all City operations and personnel.
- 2. Citizens come to the City Manager's Office to collaborate on community projects or organizations, seek resolution on issues, or to get more information on topics related to the City of Palm Coast.

Utilities Stephen Flanagan

- 1. The department provides residents and some properties outside the city limits quality drinking water services. The department also provides Wastewater services including reclaim irrigation water to certain service areas.
- 2. Citizens come to the department to obtain first-time service requests and/or change their service address and also to report a service problem.

Public Works Matt Mancill

- 1. The City of Palm Coast Public Works Department is responsible for the ongoing maintenance of roads and right-of-ways, including paving, mowing, landscaping, litter, signage, traffic, and signals. The Department will maintain a superior infrastructure and manage our natural resources with pride, respect and integrity.
- 2. Most of our services are provided on a continuing and rotational basis which means that if everything is going well citizens can rely on us to provide our services without prompting. If there are issues our citizens see with landscaping, road repairs, or city-owned facilities, we encourage them to report their concerns through Palm Coast Connect so that we can resolve them quickly.

PC Fire Department Jerry Forte

1. The Palm Coast Fire Depart-

ment's mission statement is 'Deliver the best service to our community...every time' and we strive to accomplish this mission by never wavering from our core values: family, integrity, and loyalty.

2. The Palm Coast Fire Department is an all-hazard department responding to a variety of emergencies including fire, emergency medical calls, and automobile accidents. We also offer home inspections, child safety seat checks, and other public education opportunities.

Information Technology Doug Akins

- 1. The Information Technology (IT) department provides customer service and support for all City departments and the applications that serve our citizens.
- 2. Resident interactions with the IT

finance. **Human Resources**

Renina Fuller

1. The mission of the Human Resources Department is "Consistently improving the city culture by enhancing the employee experience". The goal is to maintain

perience". The goal is to maintain an inclusive and diverse workforce that fosters a health safe, wellequipped productive work environment for our employees. 2. Anyone seeking employment

2. Anyone seeking employment with the City of Palm Coast would certainly interact with our department. We currently have a variety of job openings and would love to hear from interested applicants.

Communications and Marketing Brittany Kershaw

1. The Communications and Marketing department oversees public

oversee the Palm Coast Aquatics Center, Palm Coast Tennis Center, Indian Trails Sport Complex, Palm Coast Community Center, Palm Harbor Golf Course, 13 parks and over 130 miles of trails. We provide programs for all ages from seniors to adults to youth to toddlers. We also host community events each year including Tree Lighting, Starlight Festival, Thanksgiving Feet to Feast 5k, Movies in the Park, and Food Truck Tuesday just to name a few.

2. Parks and Recreation has endless possibilities for all residents. You can learn to swim, connect with others, take golf lessons, explore our beautifully maintained trails, play on our sports fields, participate in a tennis event, enjoy our youth camps, and so much more. Our goal is to enhance community, so that everyone feels welcome.

Stormwater and Engineering Carl Cote 1. The Stormwater & Engineering

1. The Stormwater & Engineering Department serves the City on two fronts: The Engineering side manages the rehabilitation and expansion of the City's infrastructure system by assessing aging infrastructure and the continued maintenance and operation of the City's roadways, traffic, Utilities, parks, and other facilities. The Stormwater side provides flood protection throughout the City for its residents through ongoing maintenance, rehabilitation, and improvement of the City-wide stormwater system.

2. Citizens can receive assistance for a wide variety of requests like: signal timing, street lighting, road resurfacing, stormwater maintenance, new home construction, drainage concerns, and capital project updates.



department are most often behind the scenes while using the applications on PalmCoast.gov to pay a bill, request a permit, set up an account, and more

Financial Services Helena Alves

- 1. The Financial Services Department provides an array of services including treasury management, central accounting, services, utility billing, and more.
- 2. Residents contact the department for information on the current and previous year's fiscal budgets. These reports are readily available for all to see by visiting palmcoastgov.com/government/

and media relations, video creation, graphic design, social media, website content, emergency communications, and more.

2. We interact with residents on a daily basis through our social media channels, email, and in-person. We welcome all communications with our community, whether residents are seeking information on Palm Coast events, City projects, public meetings, or to leave a comment or concern.

Parks and Recreation James Hirst

1. Parks and Recreation provides our residents with a variety of programs, facilities, and events. We

Community Development Jason DeLorenzo

- 1. The Department consists of three divisions: the planning division, the building division, and the code enforcement division. The department guides well-planned growth and regulates development for the protection of the City's natural resources, public health, safety, and welfare.
- 2. Citizens come to the department to apply for building permits, inquire about zoning regulations or code violations, and pay for animal licensing. More than 70% of our business is completed online at PalmCoast.Gov.

WATER WAYS

The Smithsonian Institute Traveling Exhibition



This exhibition dives into how essential water is to our life on our planet environmentally, culturally, and historically. Water serves as a source that can both divide, but also connect, as a source of recreation, relaxation, and inspiration. For many cultures, it is also a sacred symbol important to the traditions of cultures across the world.

Water has played an important role in our nation's history. Water has affected settlement and migration patterns. Access to and control of water resources have played an important role in our political and economic history. And the need for water for all of us to survive and thrive has led to many to find creative and resourceful ways to protect this vital resource for life on earth.

Presented By The African American Museum And Cultural Center July 9 — September 3

The African American Cultural Society, Inc. is pleased to host Water/Ways, a traveling exhibit from the Smithsonian Museums on Main Street program. It will be on display in the Founders Gallery of our African American Museum and Cultural Center 4422 US Route 1, Palm Coast 386-447-7030



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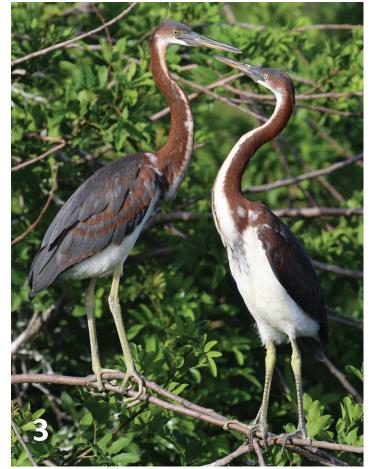


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Flora and Fauna

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1. Great Egret: Babies after a meal at a rookery in Flagler Beach. 2. Red Shouldered Hawk: Surveying for its next meal in a neighborhood. Having adapted well to a loss of habitat, the hawk is thriving. 3. Tricolored Heron: Once know as the Louisiana Heron, seen here during a mating dance at the Flagler Rookery. 4. Royal Tern: A winter visitor to Florida, this is one of 1.2 million birds that are banded each year. Cornell University offers numerous live bird cameras stationed throughout the United States. Log on at Allaboutbirds.org to see birds in their natural environment.



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Parks And Recreation In The City

The city of Palm Coast has no shortage of green spaces and recreation areas as you will find with a little exploring. We decided to make it a little easier to find a place that's perfect for your recreation, reflection and relaxation needs. The following list shows the major playground spots as well as parks, sports facilities and nature preserves. We visited each of these places and found them all to be well-maintained and easily accessible so don't hesitate to avail yourself of the amenities they offer.

Belle Terre Park • 339 Parkview Dr.

This park, located behind Wadsworth Elementary and Buddy Taylor Middle Schools, offers soccer fields, tennis and racquetball courts. Due to its proximity to the two schools, students often benefit from the park's recreational opportunities.

Parking • Pickleball • Picnic Shelter • Playground • Raquetball Restrooms • Soccer • Tennis



Bird of Paradise Nature Reserve • 179 Bird of Paradise Drive

A passive park providing the Indian Trails neighborhood residents a place to relax and enjoy the beauty of nature. This quiet spot is is peaceful and it's also popular with fishermen.

Fishing



Central Park in Town Center • 975 Central Avenue

Drawing inspiration from towns and suburbs built in the early 20th century, this nine-acre urban park is situated in the heart of Town Center, Palm Coast's downtown area.

Geocaching • Parking • Restrooms • Walking



Children's Memorial Garden • 150 Waterfront Park Road

Nestled in the shade of old oak hammocks along the Intracoastal Waterway scenic trail just north of Waterfront Park, this special place serves as a peaceful sanctuary for all to rest, reflect and recall.

Parking



Community Center & Park • 2860 Palm Coast Parkway

The Palm Coast Community Center is the home for the Parks and Recreation administrative offices. It also serves as the host location for the Palm Coast City Council Business Meetings, advisory committee meetings, recreation programs and activities.

Basketball • Parking • Playground • Restrooms



Heroes Memorial Park ● 5455 Belle Terre Parkway

Those in the military and law enforcement who have served and sacrificed for our country now have a place to be honored. Each Memorial Day, Veteran's Day and Fourth of July memorial services are held in this park to recognize those who have given their lives in the line of duty. Branches of the military are honored with engraved granite monuments of these names, along with a Purple Heart Memorial.

Geocaching • Parking



Indian Trails Sports Complex • 5455 Belle Terre Parkway

Host site of local, regional and state Lacrosse and Soccer Tournaments, the ITSC/ITMS site provides visitors with exceptional athletic facilities conveniently located off major transportation routes.

Baseball • Lacrosse • Parking • Picnic Shelter • Playground Restrooms • Snack Bar • Soccer



James F. Holland Memorial Park • 18 Florida Park Drive N

Holland Park is an important recreational and social hub in the community. Dog park and bocce ball courts attract residents to this most popular destination in the Palm Coast community.

Baseball • Basketball • Bocce Ball • Dog Park • Lacrosse • Parking • Pickleball • Picnic Shelter • Playground • Restrooms Shuffleboard • Soccer • Tennis • Vollyball • Walking



Long Creek Nature Preserve • 1050 Palm Harbor Parkway

Long Creek Nature Preserve is the newest jewel in the City of Palm Coast's park system.

Canoeing • Elevated Boardwalk • Fishing • Floating Boat Dock Hiking • Kayaking • Parking • Wildlife Viewing



Palm Coast Aquatics Center • 339 Parkview Drive

Heated pool with lanes available for lap swimming. There are plenty of lessons offered here for everyone from kids learning to swim to senior citizens doing aquatic exercise classes. Check out their schedule on the city's website.

Parking • Picnic Shelter • Restrooms • Swimming



Palm Coast Tennis Center • 1290 Belle Terre Pkwy

The Palm Coast Tennis Center, a 2010 USTA Facility of the Year Award Winner, offers 10 Hydro-grid clay tennis courts lighted to tournament standards. Leagues, lessons, events, tournaments and programs for players of all ages and abilities are offered.

Parking • Restrooms • Tennis



Ralph Carter Park • 1385 Rymfire Drive

Ralph Carter Park, adjacent to Rymfire Elementary School extends across 13.1 acres of land. It offers visitors lighted multisports fields, a mini skate park, a lighted basketball court, walking trail, playground, bar-b-que grills and restroom facility.

Basketball • Parking • Picnic Shelter • Restrooms Skateboarding • Soccer



Seminole Woods Neighborhood Park • 350 Sesame Boulevard

Seminole Woods Neighborhood Park creates an active, social environment for our visitors. The variety of recreational opportunities appeals to children, adults and seniors, making it a favorite family destination.

Geocaching ● Parking ● Picnic Shelter ● Playground ● Restrooms Soccer ● Tennis



St. Joe Walkway/Palm Coast Linear Park • 31 Greenway Court

Nestled between the eastbound and westbound lanes of Palm Coast Parkway, Linear Park's 57-acre jewel features many amenities for all to enjoy, including a playground, picnic pavilions, hiking and biking trails and bird watching.

Biking • Bocce Ball • Geocaching • Hiking • Parking • Picnic Shelter • Playground • Restrooms • Shuffleboard • Walking Wildlife Viewing



Waterfront Park/Intracoastal Waterway • 150 Waterfront Park Rd

Waterfront Park is the only city-owned waterfront property along the Intracoastal Waterway. This large waterside park never seems to be crowded and offers a variety of activities for nature lovers.

Biking • Fishing • Geocaching • Parking • Picnic Shelter Playground • Restrooms • Walking • Wildlife Viewing



RESTAURANTS & BARS

A Fusion Of Fine Eating 5949 Oceanshore Blvd, Palm Coast, 386-246-0700, American, Fusion, Veggie **A1A Fisheries** 5959 N. Ocean Shore Blvd, Palm Coast, 386-276-9014, Seafood Ai Japanese Restaurant 208 St Joe Plaza Dr, Palm Coast, 386-446-0508, Japanese, Sushi, Asian Anthony's 250 Palm Coast Pkwy NE #405, Palm Coast, 386-597-2600, Italian, Pizza, Veggie Atlantic Grille 105 16th Rd. E, Palm Coast, 386-447-4610, American, Bar, Seafood **Bob Evans** 100 Garden St S. Palm Coast, 386-246-5300. American, Breakfast **Burger Bros** 1475 Palm Coast Pkwy, #102, Palm Coast, 386-585-4640, Burgers, American Cantina Louie 10 Palm Harbor Village Way,

Kawa Sushi Serves Up A Lot Of Southeast Asia

It's interesting, after having lived in Southeast Asia for 23 years, to go to Asian restaurants here in the U.S. and see the differences between the menus you see there and the ones here as well as the simi-



larities. One thing, for example, that seems to be the same with Asian menus anywhere is the size.

When I first went to a restaurant in Thailand I was amazed at the sheer size of the menu. There were about 100 dishes on the menu and I wondered how the kitchen could prepare that many different dishes efficiently. And the other interesting aspect of these menus is that there was a liberal amount of sharing of other cuisines.

You'd see Chinese dishes on some of the Thai food menus as well as dishes that seemed to be offered in any type of restaurant, be it Thai, Chinese, Vietnamese or any of the cuisines from the general area. Singapore-style chicken and rice is an example of a dish that



seems to appear in all kinds of places where you wouldn't necessarily expect it.

And in keeping with this trend, Kawa Sushi, in the Publix shopping center on Belle Terre Road, offers mostly Japanese cuisine but offers a full page of Thai dishes and also some noodle dishes that could originate from one of several cultures.

Experience The Many Flavors Of India.

The list of great Indian dishes that we have is lengthy and varied and includes items from the tandoor oven, curries, paneers, dosas, pappadams, samosas, pakoras, soups, dals, Indo-Chinese dishes, rotis, naans, vindaloos, tikka masalas, and many more, including an extensive vegetarian selection.



And they have a fairly good representation of Japanese cooking styles as well as a varied selection of raw sushi and sashimi entries

We're not averse to eating raw fish and quite enjoy some of it. However, we're also partial to the cooked varieties of Japanese food and on our recent visit here we were able to indulge in a number of dishes and cooking methods we haven't experienced for a while.

So our menu selections tended toward sushi rolls, a few types of noodles and some of



Kawa's specialty dishes like the Christmas Roll (previous page). The Thai Summer roll was another of our selections and the noodle dishes we enjoyed were Pad Thai and Drunken Noodles, neither of which were Japanese. So we had a well-rounded meal cuisine-wise as we hit three countries at once.

The dishes were all competently prepared, showing good attention to detail and, most importantly, tasting quite good.

If you're more of a sushi or sashimi fan you'll find a huge variety of both with a number of what appear to be the restaurant's own creations as well as many standards you can see at most good sushi places.

And then there's a variety of other types of Japanese cooking. You can get tempura and katsu dishes as well as hibachi dinners. And there is a big selection of fried rice dishes, both of the Japanese and Thai varieties.

All in all, it would probably be



difficult to get bored with this menu as it would take quite a while to get through it. To that end, we'll be visiting again soon to work our way through some more of the dishes here whether they're Japanese, Thai or Chinese as all are well made. Kawa Sushi, Publix Shopping Center, 1475 Palm Coast Pkwy, 386-986-2266

Palm Coast, 386-585-4112, Mexican Captain's BBQ 5862 N. Oceanside Blvd, Palm Coast, 386-597-2888, American. BBQ Carrabba's Italian Grill 160 Cypress Edge Dr, Palm Coast, 386-246-9839, Italian, **China King Restaurant** 1475 Palm Coast Pkwv. Palm Coast, 386-447-8788, Chinese, China One Restaurant 120 Palm Coast Pkwy SW, Palm Coast, 386-445-7188, Chinese, Asian Cinnamon Beach Grill 519 Cinnamon Beach Ln, Palm Coast, 386-445-6999, American, Bar 101 Palm Harbor Pkwy,

Palm Coast, 386-283-4139, Bar, Pub, Wine Bar Cracker Barrel 4 Kingswood Dr, Palm Coast, 386-445-2127, American Dominic's Deli & Eatery 160 Cypress Pt. Pkwy, Palm



Coast, 386-445-8422, Quick bites, American, Soups Don Luigi's Gourmet Kitchen 260 Cypress Edge Dr. Palm Coast, 386-585-4001, Italian El Pollo Colorao 227 St Joe Plaza Dr, Palm Coast Pkwy, Palm Coast, 386-225-4548 Caribbean, Latin Fancy Sushi 5290 E. Moody Blvd., Palm Coast, 386-586-5988, Japanese, Sushi, Asian 7 Old King's Rd N, Palm Coast, 386-446-3999, Chinese, Asian Green Lion Café 20 Palm Harbor Dr, Palm Coast, 386-986-2584, American, Bar, Veggie **Hammock Pizza** 5332 N. Oceanside Blvd #1 Palm Coast, 386-445-3768, Italian, American, Indian Hammock Wine & Cheese 5368 N. Oceanshore Blvd, 386-445-3357, Appetizers, cheeses, High Jackers Restaurant 202 Airport Rd, Palm Coast 386-586-6078, American, Bar, **Houligan's Irish Pub** 50 Plaza Dr, Palm Coast 386-447-3580, American, Bar, Stoner's Pizza 5 Utility Dr, Palm Coast, 386-446-4461, Italian, American, Pizza, Delivery 212 Palm Coast Pkwy NE, Palm Coast, 386-264-6834, American, Veggie oe's New York Pizza & Pasta 1070 Palm Coast Pkwy NW Palm Coast, 386-445-1650, Italian, Pizza JT's Seafood Shack 5224 N. Oceanside Blvd, Palm Coast, 386-446-4337, American, Bar, Seafood 1475 Palm Coast Pkwy NW, Palm Coast, 386-986-2266, Japanese, sushi, Asian King Palace 515 Palm Coast Pkwy SW Palm Coast, 386-597-2186, Chinese, Asian La Piazza Café 101 Palm Harbor Pkwy , Palm Coast, 386-246-6366, Italian, Steakhouse, Seafood

Daily Specials

BURGER BROS 1475 Palm Coast Pkwy NW, #102 386-585-4640 Every Day Flaming Cheetos Burger; with homemade chipotle mayo, fresh jalapeños, pepper jack cheese, and cheddar sauce, served with crispy Smokehouse BBQ Burger; with bacon bits, corn, fresh tomato and onion rings and smoked Gouda served with crispy fries. Fish basket; 2 beer battered fish fillet, onions hushpuppies and crispy fries with a side of tartar sauce ANTINA LOUIE 10 Palm Harbor Village Way 386-585-4112 Fresh fruit Guavaritas for \$6.99

All tacos \$2.99, specialty drinks,

\$5,99

Flavored Margarita Louies, \$5.99 1862 Margarita, \$5.99 all day

Fresh Fruit Guavaritas, \$6.99

Friday & Saturda

Triady & Saturady Top Shelf Margaritas - La Catrina & The Ultimate Patron Margaritas for \$8.99

Sangria Saturdays Sangria, \$5.99 all day Tamales, \$2.99 all day

Happy Hour Every Day 2-5 PM, Margarita Louies and Fro-Jo Ritas, \$3.99 —all

appetizers 1/2 off

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Every Day Happy Hour, 4-7 PM JTS SEAFOOD SHACK

5224 N. Oceanshore Blvd 386-446-4337

Margaritás are \$2 off

Martinis for \$5

All You Can Eat Shrimp Live Music

MEZZALUNA PIZZERIA European Village

386-445-1004

Lunch: 2 cheese slices & soda,

Dinner: Large 18" Cheese Pizza, \$10.99

Lunch: Buffalo Chicken salad, \$8.95

Lunch: 1/2 Hero & french fries (Excludes Veal). \$7.95

Friday Lunch: Chicken Panini, \$8.95 Dinner: Rice Balls, \$4.95; parm style \$5.95

Lunch: Eggplant Florentine hero, \$10.95

Lunch: Ravioli with meatball , \$7.95 MOONRISE BREWING

European Village 386-627-8614 \$3 Chicken & Beef

\$4 Specialty Tacos

er & Á Starting at \$10

Starting at 7:30p Hour Every Friday 2 for I select brews

Steak Night Saturaay Rotating selection of beef specials

2 for 1 Mimosas & Sangrias during the Farmers Market

RED CRAB 60 Garden St S. 386-585-4245

Combo Special-\$29: 1/2 lb Black Mussel, Shrimp (no head), Snow Crab

Combo Special-\$29: 1/2 lb each of Crawfish, Shrimp (no head), Snow Crab

Combo Special-\$31: I lb Shrimp (no head), 1/2 lb Snow Crab

Combo Special-\$35: 1/2 lb Shrimp (no head), I lb Snow Crab

Vveekena Special Combo Special-\$37: /1 Lobster tail, 1/2 lb each of Shrimp (no head), Snow Crab

RED KOI European Village

386-585-4088

Drink Specials, \$4 Mai Tais and Blue Hawaiis

SALSA'S MEXICAN RESTAURANT 250 Palm Coast Pkwy

386-445-3096 Happy Hour Every Day II AM-Close

Mariachi Band Every other Thursday

SONNY'S BARBECUE 25 Cypress Edge Dr 386-446-5700

Every Day Two for one draft beers for \$4.00

TEXAS ROADHOUSE

1250 Palm Coast Pkwy *386-302-4983*

Mon-Thurs 3-5 PM, \$10.99 dine-in dinner special with: 6 oz. Sirloin Steak Dinner*

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· Grilled BBQ Chicken Dinner

· Herb Crusted Chicken Dinner · Country Fried Chicken Dinner

· Chicken Critters® Dinner · Pulled Pork Dinner

• Grilled Pork Chop Dinner (Single) • Grilled Chicken Salad

Chicken Caesar Salad

· Chicken Critter® Salad

THE BRASS TAP 250 Palm Coast Pkwy, #201

386-585-4551

Every Day Happy Hour, 4-7 PM Fireball, Even Williams Black,

Payday, The Porch Swing, \$4 Select pints, house wine, sangria, \$5 Premium well drinks, \$6 Drink of the week, \$7

Brussels sprouts, cheese quesadilla, \$5 Cheese curds or pretzel pieces w/ white queso or five cheese flatbread or 2 poblano chicken tacos w/chips and salsa, \$6 Cheeseburger & Fries or 8 Boom

Entertainment

More entertainment in July than just the fireworks on the 4th

Both local playhouses have productions in July. One uses a continually changing perspective of the "typical" male/ female courtship to give audience members the option of determining for themselves how the relationship ends. The other playhouse presents a classic with summer camp kiddos as the cast members. The Daytona Bandshell's July schedule is full of tributes to rock-nroll bands.

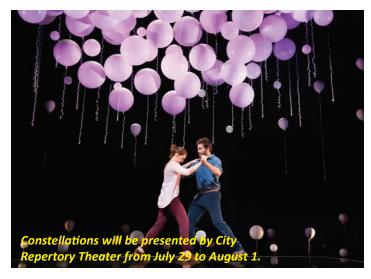
City Repertory Theatre **Presents Constellations**

Paving close attention to the plot of the CRT's July presentation of the play, "Constellations," may be the key for audience members to get the full experience out of its storyline.

"It is a very interesting show in that it is at the story about two people falling in and out of love," said Beau Wade, director. "But each scene shows the same scenario with three or four different interpretations of it. So, for the audience, it is definitely a show you have to keep your eyes on at all time because if you glance away for even a moment, it might be in a very different reality than you thought you were."

For instance, in the play's beginning the couple meets each other for the first time - as is how any relationship begins.

But then it takes a few twists. It presents how this first encounter could have or might



have happened based on varying circumstances.

In one, the woman is chatting up the man.

He tells her he is married.

In the next, he is trying to chat her up using similar language as in her previous effort, but she informs him that she has a boyfriend.

"It is an intelligently written play," Wade said. "The playwright did a very good job of creating a bunch of moments that all feel substantial and could be the true reality. But it also gives enough room for the audience member to decide for themselves what is right and what is not."

"Constellations" was written by Nick Payne, a British playwright. It premiered in London in 2012 and on Broadway in

Another member of the CRT

community gave Wade a copy

"I gave it a read and I immediately fell in love with it," Wade said.

He's especially excited about directing the portion of the play in which the two would-be lovers both use American Sign Language.

It can be a challenge for an actor who isn't deaf to present an authentic portrayal of someone using ASL.

Fortunately for Wade, the CRT community includes folks that have taught ASL and are active in the deaf community. He hopes to tap into some of that experience to help the actors in July.

Noting that he has seen ASL portrayal be too stiff, Wade said, "When ASL speakers talk, they move and have a lot of emotions attached to the

7 Old Kings Rd N, Palm Coast, 386-445-5608, Pizza, American **Mamaling Asian Street Food** 1280 Palm Coast Pkwy SW Palm Coast, 386-302-0777, Asian, Veggie **Metro Dine** 250 Palm Coast Pkwy NE #250, Palm Coast, 386-951-4490, American, Diner, Veggie Mezzaluna Pizzeria 101 Palm Harbor Pkwy #104A, Palm Coast, 386-445-1004, Italian, Pizza Millennium Bistro 9 Palm Harbor Village Way, Palm Coast, 386-225-4809, Brazilian, European, Portuguese Moe's Southwest Grill 250 Palm Coast Pkwy NE, Palm Coast, 386-585-4020, Mexican, Southwestern **Moonrise Brewing Company** 101 Palm Harbor Pkwy, Palm Coast, 386-627-8614 Gastropub, American, Bar My 5th Element 101 Palm Harbor Pkwy #126, Palm Coast, 386-302-0202, Indian, Veggie Napoli Pizzeria 4845 Belle Terre Pkwy, Palm Coast, 386-225-4569, Italian, Pizza Olive Garden 5924 E. Hwy 100, Palm Coast 386-586-2924. Middle Eastern, Veggie Outback Steakhouse 45 Plaza Dr, Palm Coast, 386-446-6280, American, Steak Palm Harbor Grill 9 Harbor Center Dr #11 Palm Coast, 386-283-5656, Barbecue, European, Portuguese ortugal Wine Bar & Grill 15 Palm Harbor Village Way Palm Coast, 386-225-4753, Seafood, Mediterranean, European 60 Garden St S, Palm Coast, 386-585-4245, Seafood European Village, Palm Coast, 386-585-4088, Japanese, Sushi Red, White & Blues 101 Palm Harbor Pkwy, Palm Coast, 914-804-4975, American, blues music Rodie's Place 5115 N. Ocean Shore Blvd

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Finally Friday Happy Hour from 4-7 PM. Get \$1.00 off all drafts and wines by the glass as well as 10% off all bottles and cans.

II AM-2 PM

Palm Coast, 386-283-4647, American, Veggie Sakura Japanese S 260 Cypress Edge Dr, Palm Coast, 386-447-9888, Japaneses, Sushi, Asian Salsas Mexican Restaurant 250 Palm Coast Pkwy NE, Palm Coast, 386-445-3096, Mexican, Southwestern, veggie Sami's 4982 Palm Coast Pkwy NW Palm Coast, 386-246-5900, Italian, Pizza, Veggie Sonny's BBQ 25 Cypress Edge Dr Palm Coast, 386-446-5700. American, Barbecue 1 Cypress Edge Dr, PalmCoast, 386-446-6936, American, Fast Food 250 Palm Coast Pkwy NE Palm Coast, 386-302-0399, Japanese, Sushi, Asian Sushi Bar At Hammock Beach 200 Ocean Crest Dr. Palm Coast, 386-447-4600, Japanese, Seafood, Sushi Texas Roadhouse



words just as other (verbal) speakers do. I want to give the actors the opportunity to make that movement as realistic as possible and to give the best opportunity to learn sign language for this part."

Slight spoiler alert: As the plot progresses, audience members discover that the female lead has a medical condition affecting the frontal lobe of her brain and thus challenging her memory recall.

Perhaps that is why each phase of the relationship has different interpretations? Perhaps the playwright just wanted the audience members to make their own decision as to how the relationship truly ends?

Both are legitimate theatrical questions as this couple and the play's plot goes through the processing of dating, breaking up, getting back together, and a potential marriage proposal.

Wade sees "Constellations" as a subtle commentary on modern relationships.

"It is one look at what people go through in relationships," he said. "Audiences should be ready for a very unique telling of the rom com (romantic comedy). I hope people leave the show with a sense of connectedness after seeing all the different versions of how this relationship progressed."

"Constellations" is scheduled for July 29 through August 1.

Check the CRT website in early July for ticket information and show times. www.crtpalm-coast.com.

Flagler Playhouse Presents Willy Wonka Jr.

The five golden tickets giving each possessor of one the chance to win Willy Wonka's chocolate factory and all the zany antics of the original are included in this kid-styled version of the classic story.

Of course, Charlie Bucket gets a ticket and well, yes, most likely he is the ultimate winner. We are saying "most likely" to avoid spoiling the theatrical experience for those audience members who opt to attend and support the Flagler Playhouse's summer camp presentation.



Three weeks of camp begin July 11 and culminate with three performances over two days: July 29 and 30, said Jerri Berry, executive director of the Flagler Playhouse.

She spoke with Palm Coast Magazine in late May encouraging the general public to attend the camp's final presentations.

"Oh, yes," she said. "This is most definitely for the whole community to come out and enjoy."

Montgomery Pendleton is the camp's director and show director. Jens Oliva is the musical director for this show that is sure to "a world of pure imagination," as the go the lyrics of the play's lead song, "Pure Imagination."

The camp is for kids ages eight to 17. It runs Monday through Friday from 9 AM to noon. Register your children for the camp at the playhouse website: www.flaglerplayhouse.com. Look for youth pro-



grams

Purchase tickets also on the playhouse website. A blue-lettered link is below the camp description.

Tributes at the Daytona Beach Oceanfront Bandshell

Nothing says summer quite like classic rock-n-roll.

The Bandshell has a full slate of tributes scheduled for July.

For space reasons, we won't list the name of each tribute band. You can find that and purchase on the Bandshell

website: www.daytonabeachoceanfrontbandshell.boxofficeticketsales.com.

Here is a list of each band/ performer being tributed in order of calendar appearance with date in parentheses: Bruce Springsteen (1), Boxers and Southern Cross (2), Bee Gees (3), Eagles (4), Kid Rock (8), Guns N'Roses (15), Rolling Stones (16), REO, Survivor and Chicago (23), and Def Leppard and Queen (30).

- Amy Armstrong

1298 Palm Coast Pkwy SW, 386-302-4983, American, Steakhouse

Thai By Thai

Island Walk 250, Unit 300, Palm Coast, 386-302-0709, Thai, Asian, Sushi

The Brass Tap

250 Palm Coast Pkwy NE #201, Palm Coast, 386-585-4551, American, Bar, Pub Tomahawk Tavern

U.S. Rt. 1, Bunnell, 386-313-6002, American, steak, bar, axe-throwing

Tram's Cafe

101 Palm Harbor Pkwy, Palm Coast, 386-276-9002, Vietnamese

Vida Restaurant

European Village, Palm Coast, 386-302-0002, Latin cuisine,

full bar

Village Market Pub & Deli European Village, Palm Coast, 386-225-4500, Sandwiches, Deli. Pub

Woody's BBQ

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— Brad W.

Flagler Artists

Self-Taught Painter Takes a Blazing Approach to her Work

Colorful and then some more colorful with a whole lot of bold and bright mixed in.

That's one way to describe the work of Cheryl Kovacs of Palm Coast.

She's chosen the word "blazing" as an adjective placed ahead of "color" in the naming of her home-based studio, Blazing Colors Studio.

"I got the name of my company because when I close my eyes, I see nothing but bright colors and sparkles," Kovacs said. "It makes me want to paint with bright, bright colors and embellish anything I can with glitter and this and that — you know, other sparkly things to make the paintings pop."

Indeed, Kovacs paintings do pop.

Her mermaid paintings fea-

ture various shades of blue, green and pink on the body and tails. In a seashore locale, the houses and apartment buildings have bright white squares to mimic indoor lighting expanding outward to brighten the nighttime scene from shore as white dots represent stars illuminating against the blue and greenish hue of the sky. Another painting of three sea turtles uses black dots to bring out "the pop" in the picture.

Lately, Kovacs has discovered the artistic method of paint pouring.

Acrylicpainting.com describes it as a process in which an artist mixes acrylic paints and pours them on to the canvas or other surface creating abstract designs. Artists add other liquids such as Floetrol,

distilled water, and drops of silicone to change the flow dynamic of the paint. The artist then moves the paint around with a popsicle or a brush or picks up one end of the surface and jiggles the paint around.

Kovacs likes to pick up each side of a surface and gently move it around watching how the paint moves and settles. These often become the backgrounds for the creation of other non-abstract scenes.

One of her most recent paint pours became the inspiration for a painting featuring a woman



wearing a fiery red skirt.

"When you paint pour things just come out in the painting



that you didn't plan on," Kovacs explains. "Once the paint dries, a lot of designs and things come out of the pour. It is pretty amazing."

The fiery red dress painting began as a paint pour mixture of red, white, blue and yellow. And then, once it dried, Kovacs saw the skirt and knew what she wanted to add to it.

"She is dancing," Kovacs said of the woman wearing the fiery red skirt. "It is a lot of fun and a little complicated to do paint pour. But whatever comes out in the paint is where we see things to add to it."

Kovacs, a retired phlebotomist and EKG specialist, is a self-taught painter.

She watched hours upon hours of videos to learn the craft. She's been selling artwork for nearly a decade.

She was about ten years of age when her parents handed her a Bible at church to keep her occupied and she drew a SpongeBob picture in the back of it.

"To this day, I still have that picture," she said with a laugh in her voice. "My first picture. Probably not what my parents had in mind."

Her paternal grandmother was an artist.

Kovacs thinks that lineage may be where she gets her artistic abilities from.

"She died before I was old enough to know her," Kovacs said with a hint of regret. "But I think she left me that little spark of a gift because I really love art. Period."

Sitting by her kitchen sink is her favorite place to paint.

"I don't have a specific place like a studio yet," she said. "I like to be in the kitchen because I am close to the sink to wash my brushes out as I work."

Kovacs work is on display in Bunnell at the Cornerstone Business Development Center located at 608 E. Moody Boulevard.

- Amy Armstrong





Events, Meetings, Classes, etc.

Events

Palm Coast Farmer's Market

July 2, 9, 16, 23 @12-4 PM European Village, 101 Palm Harbor Pkwy, Vendors include sellers of seafood, meats, dairy products, nut butters, many varieties of crafts and a lot more every Sunday.

First Saturday Creative Bazaar Arts & Crafts Market

July 2, 1500 Central Avenue, Town Center.

Produced by The Palm Coast Arts Foundation, this is a bazaar flea market feauring arts and crafts every first Saturday of the month. Located at

Book Club

July 1, 10:30-11:30 AM, first Friday of the month, Palm Coast Community Center, free. Do you love to read? Each month will have a designated genre. You select and read a book that falls within the monthly category. Book suggestions are available on our website if you need a little help. That month we will meet to share our impressions, reactions, and feelings. June: Reader's Choice. Go to www. parksandrec.fun/adults to sign up.

Murder Among The Mateys July 30, 6 PM, Palm Coast Social Club, \$50.

An event by Seawolf Privateers, this is a fundraiser to support events for the foster children here in our community. A night of seamen, secrets, and scallywags awaits you! As the night quickly steers out of control, one guest meets a tragic demise and ends up in Davey Jones' Locker leaving the rest of the party-goers to bring the guilty to the gallows! Dinner, the show, magic, danc-

ers, 50/50, chance auction, and more are included. Call 386-931-4616 for more info or see the Seawolf Privateers Facebook page.

Italian American Club Bingo

Mondays & Tuesdays, 45 Old Kings Road, doors open at 3 PM on Monday with free dinner served. Tuesdays, doors open at 10 AM and free lunch is served. Call 386-445-1893 for more information.

Christmas In July Charity Sewing Party

July 9, 10 AM-4 PM, Cut Up and Sew, 160 Cypress Point Pkwy (City Marketplace), free,

Classes

Yoga for All

Tuesdays & Thursdays, July 5-Aug. 4, 9-10 AM, Palm Coast Community Center. Relax and restore through stretching, yoga poses, breathing, and relaxation led by certified instructor Michele Cotto. All levels are welcome. Please bring your own mat, towel, and water bottle.

Fee: \$5/class, Register: parksandrec.fun/adults

Gentle Yoga

Tuesdays, July 5-Aug. 2, 10:30-11:30 AM, Palm Coast Community Center.

Start experiencing the many benefits of yoga through this safe and gentle modified chair version. Yoga work is done either standing or in a chair. This class includes low-impact stretching and strengthening, as well as breathing routines. No floor work. \$5/Class. Register: parksandrec.fun/adults

Diabetes Self-Management Education

Tuesdays, July 5-Aug. 2, 1-3 PM Palm Coast Community



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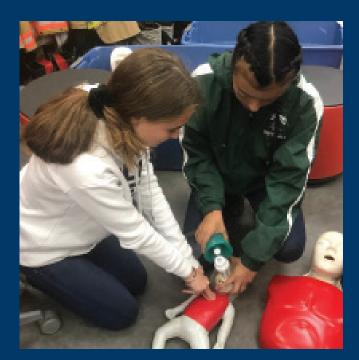
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Events, Meetings, Classes, etc. from page 40

Center. Diabetes Self-Management Education classes are facilitated and taught by a Registered Dietitian from The Florida Department of Health. You will first have a one-on-one assessment, followed by three 2-hour long weekly sessions and 1 follow-up session. This program is designed for individuals who have already been diagnosed with Type 1 and 2 Diabetes. Classes are based on the International Diabetes Center (IDC) Curriculum and require a physician's referral. Please contact Alana Shawah at 386-313-7263 for assistance with the referral process. Free. Register: parksandrec.fun/ adults

Learn the Basics of Your Computer

Want to learn more about your computer? These classes teach you how to care for your computer, different programs you may need to use, and the importance of internet security. July 19, Aug. 16, 10 AM-11:30 AM, Palm Coast Community Center. Free. Register: parksandrec.fun /seniors CPR/First Aid/AED

July 16, Aug. 13, 9 AM-4 PM, Community Center.

Presented by the City of Palm Coast Fire Department, CPR/ AED Heartsaver First Aid is a 7-hour classroom course (includes 1 hour for lunch) that is designed to meet OSHA regulations. Fee: \$50/person; pre-registration required at least 48-hours in advance Register: parksandrec.fun/ adults

BAM! Balance and Motion Presented by FHCP

Thursdays, July 7-Aug. 4, 12-12:45 PM, Palm Coast Community Center. Presented in partnership with Florida Health Care Plans (FHCP). Get moving and join senior fitness specialist Artie G. for BAM!







Rick Springfield will be in St. Augustine on August 5 at The Amp in St. Augustine with Men At Work and John Waite. Rick Springfield's music has frequently withstood the test of time far, emerging as some of the most well-crafted mainstream power pop artists of the 1980s.

Balance and Motion. Develop balance, coordination, core strength, flexibility, and range of motion. This class is gentle, upbeat, and supportive of all fitness levels. Free. Register: parksandrec.fun/seniors

Wellness Workshop

Thursday, July 28, 10-11 AM, Palm Coast Community Center.

Presented in partnership with Florida Health Care Plans. Join the conversation as healthcare professionals discuss a new topic each month that focuses on health and wellness. July 28 — Salad in a Mason Jar with FHCP Dietician. Free. Register: parksandrec.fun/adults

Quit Your Way, Stop Tobacco Monday, July 25, 1-3 PM, Palm Coast Community Center. Get help quitting smoking through this program which is presented by Tobacco Free Florida and the Northeast Florida Area Health Education Center. A number of tools are provided including planning help, and if needed, free gum

Meetings

Senior Social Corner

lozenges and patches.

Tuesdays, July 5-Aug. 2, 12:30-4 PM, Palm Coast Community Center. Looking to get out

of the house? Come out and make new friends or catch up with old ones. This is a great opportunity to sit, visit, and play games with other seniors. Free. Register: parksandrec. fun/seniors

Widow/Widower's Support Group

Thursdays, July 7-Aug. 4, 10:30-11:30 AM, Palm Coast Community Center. Have you experienced the loss of your significant other? This is a chance to meet others who have had a similar loss in their life. Free. Register: parksandrec.fun/seniors

Caregiver Support Group

July 5 and Aug. 2, 11:30
AM-12:30 PM, Palm Coast
Community Center. Presented
in partnership with Brookdale
Senior Living. When caring for
an aging parent or spouse,
you may feel like no one
understands what you are
experiencing. Join our Caregiver Support Group and take
a break with other caregivers.
Free. Register: parksandrec.
fun/adults

New Jersey Social Club

Wednesday, July 27, 1 PM, Palm Coast Community Center. Social club for former New Jersey residents with a monthly meeting on the fourth Wednesday of each month. For more information, con-





Events, Meetings, Classes, etc. from page 43



Love Alive, Heart tribute band based in Tampa, Florida will be sharing the stage with Fire And Ice, a Pat Benatar tribute band, on July 29 at the Daytona Beach Band Shell. You can get more information at 386-671-3462.

tact membership chair Penni Knapp at 386-246-6904.

Activities

Beginner's Pickleball

Tuesdays and Fridays, July 5-Aug. 12, 8-10:30 AM, Holland Park. Do you want to learn how to play in a fun and friendly atmosphere? Try out our Beginner's Pickleball.

Please register early. Paddles, balls, and nets are available for use. Free. Register: parksandrec.fun/athletics

Wiffleball Tournament

Sunday, July 10, 9 AM-4 PM **Indian Trails Sports Complex.** Come to the first-ever City of Palm Coast Wiffleball Tournament at Indian Trails Sports Complex. Double elimination style tournament. Brackets will be determined by age groups. Ages: 15+ years, \$25/team Register: parksandrec.fun/ athletics

Adult Open Gym Volleyball

Mondays, July 11-Aug. 8, 7-9:30 PM, Rymfire Elementary School. Bring your friends or meet new ones in this co-ed volleyball program. New teams are created weekly. We use two nets, with teams rotating in and out of play. One net is for competitive style play and the second net is for recreational style play. Fee: \$15/ person. Register: parksandrec. fun/athletics

Adult Open Gym Basketball Wednesdays, July 6-Aug. 10, 7-9:30 PM, Rymfire Elementary School.

Play some hoops with your friends or meet new people. This adult co-ed basketball program is a non-competitive, recreation program. \$15/ person. Register: parksandrec. fun/athletics

Pickleball Tournament

Saturday, June 25, 8-4 PM, Holland Park. Test your skills against the best in Palm Coast at our Pickleball Tournament! The tournament will be played in double-elimination style and will feature mens and womens doubles and mixed doubles. Level 3.5 and under only. Bracket space will be limited and tournament t-shirts will be available to the first 50 registrations, so please register early. \$20/person. Register: parksandrec.fun/athletics

Pinochle

Thursdays, July 7-August 4, 12:30-6 PM, Palm Coast Community Center. Play pinochle with other entusiasts. There is no cost. Call 386-986-2323 for more information.

A Day At The Movies

Wednesdays, 1-3 PM, Palm Coast Community Center, free admission. Call 386-986-2323 for more information. July 6 — Encanto

July 13 — Father Stu

July 20 — Dog

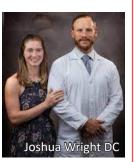
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July 27 — All The Old Knives Mah Jongg

Wednesdays, July 6-27, 12:30 AM-4 PM, Palm Coast Community Center. Play this ancient Chinese game that is similar to rummy and played with tiles. Call 386-986-2323 for more information.

Women's Self Defense

Mondays, July 11, 18, 25, 6-8 PM, Palm Coast Community Center. Learn the basics of self defense from Commander Michael Lutz from the Flagler County Sheriff's Office. You must register 48 hours in advance and attend all three classes. Ages 13 and up, females only. Call 386-986-2323 for more information.

Flagler County Parkinsons Support Group

Wednesday, July 13, 3-4:30 PM, Palm Coast Community Center. Connect with other people dealing with Parkinsons. Caregivers and family members are encouraged to attend. Call 386-986-2323 for

more information.

Sit, Stitch, 'n Give

Mondays, July 11, 18, 25, 10 AM-noon, Palm Coast Community Center. Call 386-986-2323 for more information. Come and work on your needlework of any kind in a warm and friendly atmosphere. Call 386-986-2323 for more information.

Live Happenings

Concerts

St. Augustine Amphitheater, 1340C, A1A S., St. Augustine, 904-209-3746.

July 7 — Blackberry Smoke, Rasslin' Is Real Tour with special guest The Steel Woods July 15-16 — APEX Theatre Studio presents The Complete Works of William Shakespeare abridged

July 17 — Whiskey Myers with special guests Shane Smith & The Saints and 49 Winchester

July 21 — Iration and Atmo-

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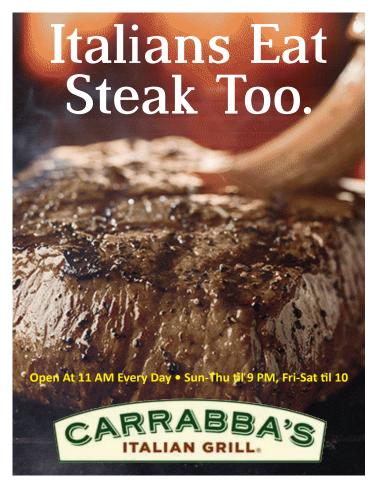
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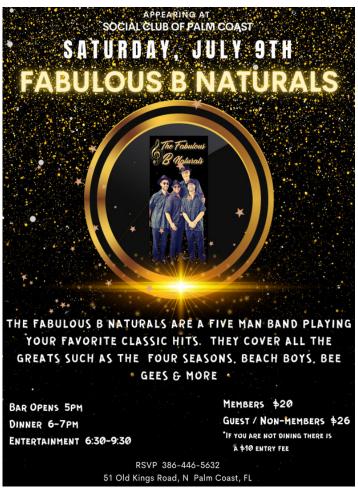




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Events, Meetings, Classes, etc. from page 44

sphere

August 4 — Slightly Stoopid with special guests Pepper, Common Kings, Fortunate Youth

August 5 — Rick Springfield and Men At Workwith special guest John Waite

European Village Live Music

Fri, 1st — Mike & Vin, 6-10

Sat, 2nd — Ian Opalinski, 7-10 Fri, 8th — Shaker Jones Duo, 7-10

Sat, 9th — Chillula, 7-10

Fri, 15th — Critical Mass, 7-10 Sat, 16th — Joel Dennis & The

Sax Pack, 7-10

Fri, 22nd — Clayton Sturgeon,

Sat, 23rd — Claire Vandiver, 7-10

Fri, 29th — Just Peachy Duo,

Sat, 30th — Ataraxis Experience, 6:30-10:30

Business Functions

Referral Diamond Network Meeting

July 6, 13, 20, 27 @ 8 AM,

Carrabba's Italian Grill, 160 Cypress Park Dr. Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.

Palm Coast Business Professionals Network Meeting

July 7, 14, 21, 28 @ 7:30 AM, Carrabba's Italian Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners. Call Tom at

Professional Women Of Flagler County

386-237-4450 for info.

July 1, 8:30-10 AM, Hilton Garden Inn, Palm Coast. Networking breakfast. Call Danielle at 386-843-0443 for more information.

Boss Ladies Of Flagler County

July 19, 5-7 PM, Sun Bros Cafe, Flagler Beach. Networking event. See their Facebook page for more information.

To have your group's activities listed in this section, send an email to palmcoastmagazine@gmail.com

ust So You Know...

Palm Coast magazine comes out the first of every month and is available at these locations:

Carrabba's

Community Center

Shell Foodmart

County Government

Bldg

Flagler Auditorium

Burger Bros

European Village

Pine Lakes Golf Club

African-American

Center

Texas Roadhouse

Dominic's Deli

Garden Club

VFW Hall

Palm Harbor Golf Club

Cut Up & Sew

City Hall

Wawa, Route 100

Fairfield Inn

Days Inn

Microtel Hotel

Red Roof Inn

Econolodge

Best Western Hotel

Hampton Inn

Italian-American Club

Palm Coast Social Club

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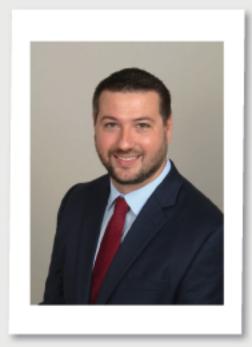
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