

Palm Coast

ISSUE 15

OCTOBER, 2022



Ocean Exodus
Paul A. Baliker

The State Of The Arts In Palm Coast

See Page 22

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Editor/Publisher

Tom Aikins

Associate Editor

John Williams

Art Director

Lili Pappas

Business Manager

April Harris

Advertising Manager

Bill Meyers

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This month our theme is the art scene in Palm Coast, as you can see from the beautiful cover we were lucky enough to be able to print. We tried to present as clear a picture of the current arts scene in Palm Coast as we could. Covid interrupted and greatly disrupted many arts-oriented endeavors and activities over the last few years but the scene is now coming back and seems to be on the road to becoming stronger and more resilient than ever. And a lot of the energy that drives things forward is provided by the many volunteers in our town who dedicate a lot of time to helping others. In November's issue we'll explore some of these groups that help to make life better in Palm Coast.

On The Cover

Ocean Exodus was created by local artist Paul Balikar whose gallery is located on Route A1A in Palm Coast. This is the second time Mr. Balikar's work has appeared on the cover of this magazine and we are very grateful. Please see the invitation to visit his gallery on page 27. You'll be glad you did.

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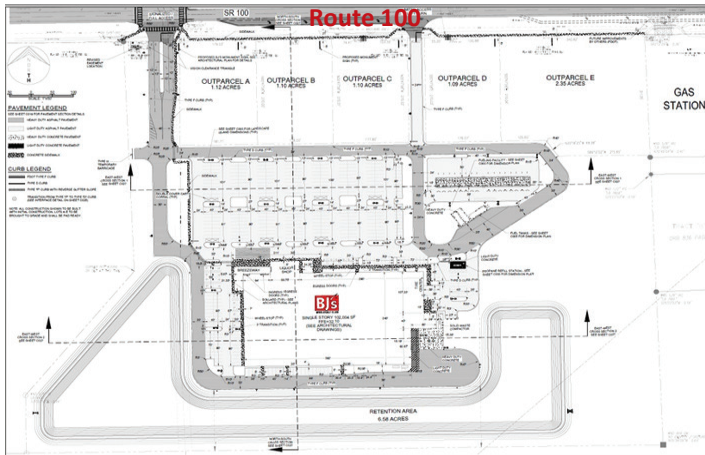
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News Of The Palm Coast World



BJ's Confirmed As New Tenant In Palm Coast

It's been several months since rumors started swirling around the identity of the new retailer that was supposedly moving to Palm Coast. It was recently confirmed that the retailer is BJ's Wholesale Club, and in addition to the big retailer there will also be a big gas station and a half dozen satellite stores going up on a 31.5-acre site of State Road 100, just west of Seminole Woods Boulevard.

Cornerstone at Seminole

Woods, as the development will be called, will be opposite Tom Gibbs Chevrolet, from the boundary with the RaceTrac gas station to the east, to just west of McCormick Drive. The development includes all the land currently used by Flagler Pines RV Storage, which will relocate.

The Flagler County Planning Board, in a series of votes over the last several months, approved the site plan for the box store's 103,000 square foot

imprint, and also approved regulatory waivers that will allow the site to have more signs and different setbacks than ordinary, eliminate seven acres of wetlands, have 420 parking spaces, and a new, signalized turning lane off SR100 that the developer will pay for. The County Commission still has to approve these actions, but that should be a more of a formality than anything else.

The shopping center will feature an eight-island gas station open to members of BJ's and adjacent to the existing RaceTrac at the intersection of state Road 100 and Seminole Woods Boulevard.

Flagler County Planning Director Adam Mengel said recently that construction will likely be before the end of the year. There was not a single public comment on the four related items the county planning board voted on during the same meeting. A traffic analysis by LTG Engineering and Planning conducted for the developer

concluded that BJ's development and its companion stores would generate a total of almost 8,000 daily car trips, with BJ's accounting for more than half of those.

The 103,000 square foot BJ's itself will be set back to the rear of the property, and will have an attached liquor store. The companion stores mentioned above have not been confirmed yet.

There are also numerous matters of detail, like landscaping and the number of feet of setback from street signs, whether signs are just directional or cross over into advertising, and exceptions allowing the developer to have more visible signs than the code ordinarily allows that still need to be resolved.



Fire Department Commemorates 9/11, City Presents Award to Chief Forte

The Palm Coast Fire Department hosted a September 11th Remembrance Ceremony, commemorating the 21st anniversary of the September 11th terrorist attacks. The ceremony was originally scheduled to take place at Heroes Memorial Park but was moved indoors to Fire Station 21 at 9 Corporate Drive due to a severe thunderstorm in the area.

At last year's ceremony, the Palm Coast Fire Department received a 10-foot seedling of the Survivor Tree from the 9/11 Memorial Museum in

New York City. A Callery pear tree became known as the "Survivor Tree" after enduring the September 11, 2001, terror attacks at the World Trade Center. This year, the Palm Coast Professional Firefighters Local 4807 purchased and dedicated a bronze memorial marker that has been installed at the tree.

This year's ceremony celebrated the legacy that the Survivor Tree from the World Trade Center has to now offer shade to those in Palm Coast.

"I'd like to imagine that one day, this tree may bloom 2,977

new leaves, one for every loving soul who lost their lives on 9/11," said Palm Coast Mayor David Alfin. The ceremony also recognized the impact that local first responders make every day in Palm Coast and Flagler County. This past May, the City of Palm Coast hosted a Tunnels to Towers 5K Race in Central Park. The Tunnel to Towers Foundation presents participating organizations with a "Follow the Footsteps" Award. This award is intended to be given to a community member who exemplifies lead-

ership and willingness to lend a hand wherever needed, and who has had a tremendous impact on the community. Mayor Alfin presented this award to Fire Chief Jerry Forte.

"Beyond the scope of the Fire Department, Chief Forte has gone above and beyond the call of duty on more than one occasion," Mayor Alfin said. "Anyone that knows Chief Forte would attest to his commitment to excellence and his dedication to public service. Chief Forte is someone who, for 32 years, the residents of Palm Coast have been able to continually count on to do whatever needs to be done to get the job done."

Chief Forte, who became

October 2022



Fire Chief Jerry Forte and Mayor David Alfin at Palm Coast's 911 commemoration.

emotional at the time he received the award, said "I've tried to lead the best I can because I never want to let them down." In accepting the award, Chief Forte emphasized the importance of legacy. "We call next-generation firefighters 'legacy firefighters' as there is no better way to carry on an organization than with the

children of the members that have served in the past. Today we will remember those who lost their lives, but if given the opportunity to ask those who have passed, they would want us to celebrate their children's career and their willingness to carry on with the family business the best way they know how."

Palm Coast Yacht Club To Hold Fundraiser

The Palm Coast Yacht Club will host a lively Halloween party to raise money for Neighbors To Family, Inc., revolutionizing child welfare by keeping siblings together in foster care and building healthier families and communities. The event will be held at the Pine Lakes Golf Club on October 28 from six to 10 PM. Food will be served and a cash bar will be available.

The evening will also feature 50/50 and raffle drawings. Music will be provided by popular local entertainers Debbie Owen and Tony T. For tickets visit www.palmcoastyachtclub.com or call Danette Potochick at 386-503-0592. Tickets are \$35.00 each. Costumes are encouraged.

This is the seventh annual benefit held by the Palm Coast

Yacht Club, which has staged major fundraisers for important local charities. They include The Family Life Center; Disabled American Veterans; Love in a Backpack, providing supplemental nutrition to Flagler's children; and Florida's Guardian ad Litem Program, advocating for children in the state's court system.

Neighbors To Family, Inc., is a 501(c)(3) child welfare advocacy agency which places abused and neglected siblings together in safe and stable foster homes. Since 1998 the agency has served more than 14,000 children and families in three states including Florida.

The Palm Coast Yacht Club, which was established in 1979, has an active membership engaged in a wide variety of social and educational activities for

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National Arts In Education Week In Flagler

This week may be National Arts in Education Week, but every week is about arts in education at the Flagler Auditorium.

As a former arts educator, Amelia Fulmer, director of the Dennis Fitzgerald Performing Arts Center, better known locally as the Flagler Auditorium, puts a premium on supporting programs, and finding creative ways to keep the students engaged and top of mind for her patrons.

Generating revenue for the performing arts center helps support grants and scholar-

ships for arts students and their teachers in Flagler County's schools, so packing the house is a priority equal to providing the highest quality entertainment for lovers of the arts.

Ready to open a full season of entertainment, patrons of the arts are getting an early start on planning their preferred shows and seating at the Flagler Auditorium and by doing so are scoring a sweet deal with their subscriptions.

"The subscription was designed not only for our super show fans but also for our biggest supporters," said Fulmer. "The subscription is only \$1,300 but it is a \$2,040 value."

For patrons who may not be able to commit



to every show of the season, there's an answer for you too.

"Some subscribers can't make every show so they give some of their show tickets away to charities for auctions or they give them to friends and newcomers. Even if they are not physically at the show, they are supporting all we do from international touring shows to arts education."

Perks include some very at-

tractive benefits.

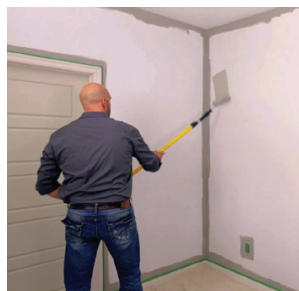
"Being able to have your favorite seat for every show," is a huge perk according to Fulmer.

"Knowing that you support the Flagler Auditorium all year and saving money at the same time seeing friends in the hospitality room, and getting free tickets and invitations to school events like the musicals," is another added benefits to being a season ticketholder.



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Season subscriber Charles Yohe agrees.

"It's great entertainment right here in Palm Coast and it ultimately helps support arts in the school. What's not to like about that? If we can help to get more people to support the Flagler Auditorium's fine efforts, we're more than happy to do so," said Yohe.

While the season officially begins with The Jersey Tenors on November 18th, the community can enjoy a sneak preview of the season during the high voltage "Pat & Pink: A Salute to Women" show on October 15th. A portion of the evening's proceeds benefit the Pink On Parade efforts by the AdventHealth Palm Coast Foundation to provide breast cancer screenings and diagnostic services to Flagler County patients in need.

From the unforgettable holiday shows featuring performances by The Celtic Angels and Steve Solomon's 'Home for the Holidays' to the roof-raising 'One Night of Queen', patrons will find an eclectic mix of shows this fall to capture their imagination at Flagler County's premier performing arts center.

"We are so lucky to have the Flagler Auditorium as a performing arts center in our community providing a wide variety of world-class entertainment while also giving a unique opportunity for students to be exposed to and trained on the latest technology," said Flagler Auditorium Governing Board member Debby Meyer, in support of the facility's multi-faceted programming and mission.

"Many graduates from Flagler county who work in the entertainment industry began their careers here either on the stage, or behind the scenes. The Auditorium is dedicated to supporting arts in education, and the Governing Board provides scholarships each year to graduates."

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Local Happenings



The Azure of Palm Coast had their official opening on August 25 at their 144 Cypress Point Pkwy location. Jake Knisley (center left) and Palm Coast Mayor David Alfin (center right) were on hand for the ceremonial ribbon cutting.



The Boss Ladies of Flagler County held their September get-together at Oceanside Beach Bar & Grill on September 20 to raise money for Remembering Heroes. For more information about the group please see their Facebook page.



The Azure of Palm Coast had their official opening on August 25 at their 144 Cypress Point Pkwy location. Jake Knisley (center left) and Palm Coast Mayor David Alfin (center right) were on hand for the ceremonial ribbon cutting.



The Professional Women of Flagler County held their monthly breakfast meeting at the Hilton Garden Inn on September 9 with special guest Commander Mike Lutz of the FCSO. For more information about the group please see their Facebook page.



The second annual Fall Festival for Remembering Heroes took place on September 24 at City Center. The event was bigger and more well-attended than last year, with almost 5,000 people coming out to honor military heroes of all types. In addition to the many vendor's booths, there was a large car show with beautiful antique and specialty cars from all over. And probably the most striking attraction was the traveling replica of the Vietnam Memorial Wall in Washington as can be seen in the photo above right. And with more attractions planned for next year the 2023 Fall Festival promises to be even bigger and better.



The University Women of Flagler held their monthly breakfast meeting September 10 at the Hilton Garden Inn. Guest speaker Kaiti Lenhart (center), the Flagler County elections supervisor updated the group on the latest election developments.



The Florida Inland Navigation District (FIND) Commissioner for Flagler County, Randy Stapleford, presented a \$5,000 grant to sponsor the City of Palm Coast's 15th Annual Intracoastal Waterway Cleanup event that took place on September 10, 2022.



Pastor Charles Silano with Grace Community Food Pantry and Open Door Recovery accepts a check for \$500 from the Leads Into The Future networking group on September 13. For more information about the club see their Facebook page.

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Palm Coast People

A volunteer helping the arts scene, by John Williams

In the past 15 months of publishing Palm Coast magazine we've been fortunate enough to meet some highly qualified people who are helping various organizations in the city to basically exist. Without the contributions of these people, many of whom are women, many civic organizations and charities just wouldn't be here.

Our person of the month

in October is someone who epitomizes the spirit of these volunteers. Her name is Nancy Crouch and she's been here for about 11 years after living in Chicago for 26 years.

She started working for the Palm Coast Arts Foundation when she first arrived in Palm Coast and has been there ever since. Her position now, though, is an unpaid one after

working as an employee until Covid hit.

As with everything else, Covid had a severe effect on the PCAF's funding and eventually there was no money left for her salary. So she decided to keep working as a volunteer because, as she put it, "I believed so much in what we were doing."

The PCAF was certainly dear



to her heart and it was in many ways an extension of the job she held for 26 years in Chicago as the special assistant to the director of the Art Institute of Chicago's art school.

She went to the Art Institute after a career in higher education in Springfield, Illinois and apparently got smitten by the atmosphere of the museum as well as the educational aspects of the art school. Her education experience also helped her to realize what it takes to become an artist, furthering broadening her experience and preparing her to work with artists even more closely.

She located the PCAF while still in Chicago and wrote to then-director Sam Percovic and by mutual agreement she became first a trustee of the organization and then the executive director from 2015 onwards.

During these years the PCAF built a stage for performances on land in the city center area in partnership with the city and held outdoor performances. Covid closed down most of the group's activities and funding dried up, resulting in Nancy working as a volunteer in the same capacity as before, a situation that exists to this day.

There are too many things left for her to do and she's now doing her job out of a sense of dedication and a belief that her role is an important one in shaping the course of Palm Coast's future development.

— John Williams

October 2022

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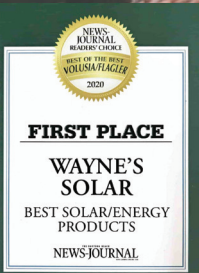
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Krewe Of The 13 Helps Out Flagler Foster Kids

The Krewe of the 13 is a local charity that endeavors to help local families. They organize charity events, participate in fundraising, and gather sponsors, all in the name of supporting those families. They offer their support to families based in Duval, Flagler, and St. Johns Counties.

Their goal is to provide as much help to local families as they need, especially when they are struggling to keep up with the needs of everyday life. If you are a local family in need, you can appeal to them on their website www.kreweofthe13.org by filling out their application form. They thoroughly review every application and inspect your needs, the approach they should take, and how much help their services will be to your family.

They are very flexible in how they help, depending on the needs of a family. Sometimes they throw charity bashes, and other times they pay for education for a family member.

This month they have several charity events planned for the community. They have a Pirates of the Caribbean Monopoly Fundraiser scheduled on October 1st, where participants try to find Pirate properties before the time runs out. This fundraiser starts at 5:00 PM and will be at the Social Club of Palm Coast.

On October 3rd, they will host the Third Annual Night of Halloween Revelry, a Halloween-themed Pub Crawl, and fundraiser, starting at 6:00 PM. They will also participate in the Murray Halloween Parade on October 22nd at 7:00 PM in

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They end their October festivities on the 29th at 6:00 pm with the Second Annual All Hallow's Eve Charity Bash, a party for adults aged 21 or older. They will host music, dancing,

a silent auction, a raffle, and a contest for the best costume at the party. Visit their website to learn more about where to purchase tickets. You can see more about the group at www.kreweofthe13.org.

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Health & Wellness

Working out is easier than you think, by John Williams

In last month's column I talked about losing weight and why it isn't inevitable as we age. In this month's column I'm going to talk about exercising, the most important thing to do along with your efforts to cut down on your food intake.

First, as I mentioned last month, the more calories you consume, the more you need to burn off to avoid having all those calories turned into fat by your body. If you lead a really active lifestyle and don't eat too much then you're probably already near your target weight. But most people don't do both, especially as they get older, so we need to exercise to get rid of those extra calories.

I've worked out for 45 years in gyms and also spent a lot of time running on tracks and outside. Now, at age 66, I'm concentrating on keeping my muscles toned and keeping my body in a generally healthy state. What that means is that I'm not trying to build a lot of muscle. I'm just trying to maintain what I have and keep my respiratory system (heart, lungs) in good shape.

What I do is simple and doesn't take much time — a little less than an hour — and it keeps me in great shape. Basically I do some aerobic exercise every day along with abs and then I rotate the weight work so that I work on a different muscle group every day.

So on my first day I'll work on biceps as well as doing my aerobic exercise and abs. I use an elliptical trainer for the aerobics and do 30 minutes on that. The weight lifting portion of my workout takes about 20 minutes. Part of that is three sets of leg lifts for abs with 30 reps in each set.

Then I do three sets of three different exercises that focus on

my biceps. That's it. It's about 50 minutes and it's all I need to keep myself in great shape. Of course, I'm in the gym six days a week but I find that easy to do even though I work full time.

Having to work makes things a little more difficult in terms of time but I'm self-employed and can come and go as I please so I usually work out around noon when most other people are eating lunch so I don't lose as much productive time during the day. Obviously, if you're retired you don't have to worry about time as much, if at all.

So the rest of the workouts are the same as you rotate the weight exercises through the days. So the next day I do chest, then back, then shoulders and then legs. One day I just do aerobics and I take a day off every five days. So I work out five days with weights and doing aerobics, I do one day of just aerobics and I have one day off which makes seven days.

So every week I work on each muscle group once, I do aerobics six days and I have one day off. Taking a day off every fifth day means I'm in the gym about 25 days a month or six days a week.

If this is too much for you then you can cut back in two ways. You can do less each workout or just do fewer workouts. If it were me I would cut down the workload and keep the number of workouts. Here's why. When you work out and get your heart rate up to a certain level then you've hiked up your metabolic

rate also.

We want to do this because the higher our metabolism, the more calories we burn. When we work out our metabolism stays at an elevated level for about 24 hours. So if you work out every 24 hours then you'll keep your metabolism at a higher level than normal and you'll burn more calories. If you cut



down the number of workouts you won't be keeping your metabolism elevated as much.

So now you have an easy routine to follow. And it *is* easy since you control how much effort you need to put in by how much weight you put on the machines you use or the free-weight bars or dumbbells you're using.

Many of you may have never been in a gym before. You might look in and see all kinds of funny looking machines and not have a clue about what to do. That's okay. It's the same for everyone at first. Don't worry. Just ask the people who run whatever gym you go into that you need some help. Tell them that you want three different things to do to exercise your biceps, for exam-

ple and they'll show you. Same with any of the muscle groups.

And they'll show you how to use any of the machines including the aerobics machines. Believe me, they want you to become a regular member and you're only going to do that if you feel comfortable with what you're doing. And if they're not helpful for any reason then find a new gym.

That's a good reason why you should try out any kind of trial membership they offer. Your first pick for a gym might not work out and you don't want to be obligated to a long-term membership.

It's going to feel strange when you first start no matter where you are so be ready for that. Also be ready to be sore if you haven't been working out for a while or if it's your first time ever. Don't worry about it. Your muscles are going to hurt at first because you're not used to it.

Just be sure to not use too much weight. You're not trying to compete with Arnold. You're just there to get in shape so don't push yourself. If something feels too heavy then lower the weight you're using. And if I don't feel good on a particular day for whatever reason then I just don't go to the gym. There's no reason to push yourself unnecessarily. The last thing you want to do is strain something or hurt something which will then mess up your workout schedule.

In the next issue I'll give you some more detailed information on working out, some of the finer points that will help you. In the meantime, if you're serious about getting in shape but have some questions you can send an email to palmcoast-magazine@gmail.com and I'll try to help.

October 2022

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What If There Were No Historical Society?



What would happen if we didn't collect, share and archive our history? Would we remember? Would our children know how to define a hero? History is about old gadgets, farm tools, roads that have been paved over and leaders who are no longer with us. But it is also our culture, our collective being, our heritage. It is about all of us, not one of us. It reflects who we were and who we have become. History is important. Learn as much as you can and share it. Clockwise from left: a 1976 bicentennial celebration; a 2005 Palm Coast birthday celebration; Chief Beadle handing over the reins to Chief Forte in 2018; Shirley Chisholm, who lived in Palm Coast, unbought and unbossed; at the unveiling of the City History mural honoring past mayor John Netts, in 2022.



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Homeowners Corner

The lowdown on gutters by Michele Collins

You might call gutters the “unsung heroes of your home”. Without gutters you could be setting yourself up for a multitude of serious, and potentially expensive problems.

With all the heavy rains in Florida, you would think gutters would be an essential feature of every home. On the contrary, most homes in Florida are built with little to no guttering. With the sandy soil in Florida and the quick drainage of most yards, many homeowners do not see any standing water and therefore, believe there is no problem.

People may not compliment

Michele Collins and her husband Patrick own Killian's Gutters & Screens in Palm Coast. If you have any questions about gutters you can call her there.

you on your beautiful gutters, but they will admire your landscaping. If you love gardening, or have had expensive landscaping installed around your home, rainwater from your roof can wash away soil faster than just falling rainwater.

While Florida homes typically do not have a basement, your concrete slab foundation will be compromised over time due water getting underneath it and eroding the concrete. Having gutters installed will also redirect water away from windows and doors and can provide up to 6” of additional shielding of your windows and doors allowing decreased drying times after a heavy rain. While redirecting water away from your home is the most important reason for gutters, they

also aid in keeping your home clean a beautiful. They keep

add gutters to your home, you need to take the time to care-



your siding looking newer and cleaner by decreasing splash back from grass and dirt, but they can also accent the architecture of your home.

Once you decide you need to

fully choose a reliable company to install your gutters. Here are some of the key steps you should take to ensure that you are getting the best company available to install your gutters.

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- Shop around for the best local company around. Read online reviews, ask your family members and neighbors for referrals. Look for local companies who are familiar with local weather conditions; they will understand what kind of extreme conditions your gutters will have to handle.

- Local roofers are also a great source for recommendations. Since most roofers in this area do not install gutters, they have a library of the best gutters installers available.

- Shop around and get a few estimates. Make sure that the estimates are detailed. If a gutter company attempts to give you a quote over the phone, drop him. No reputable and trustworthy gutter company will do that. An experienced gutter contractor will send an estimator to your home to measure the length of your roofline so he can provide an accurate quote. Gutter systems should be custom built to fit your home's roof. Quotes should include specific details, drawings outlining where the gutters and downspouts will be installed and information for securing an installation date. You should also be provided with contact information so that you can easily reach them with any additional questions.

- Make sure that your contractor is properly licensed and insured. Insurance should include workers compensation and liability coverage.

Now that you're ready to start inviting estimators, be ready with some questions to ensure that you are getting the best product for your home. You don't have to be a gutter expert to find the right gutters for your home.

- The best gutters for your home today are seamless because:

- They provide the best protection for you home. Seamless gutters only have joints/fasteners at the corners, so leaks will



be minimal

- Seamless gutters have a longer lifespan and are much easier to maintain and are less prone to clogging.

- Make sure that your contractor offers downspouts that

are capable of keeping water away from your home's foundation.

- Ask you estimator what he believes it the best solution for your home.

- You may want to also dis-

cuss the installation of gutter guards with your estimator. If you are in a heavily wooded area or have several trees around your home, gutter guards will keep the leaves from clogging your gutters.

While gutter replacement may seem like an easy enough project for a homeowner to handle on their own, or maybe with a little help from friends, taking the time to find and hire a qualified professional to perform the gutter work to be done on your property is truly worthwhile.

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ART AND CULTURE ARE ALIVE AND WELL IN OUR TOWN



Art and Culture. Flagler County is growing, like it or not, progress is imminent. Our art and culture environment will continue to benefit from the talented people who have migrated to our community. More and more creatives such as artists, writers, actors, comedians, historians, and musicians are seeking audiences, venues, and collaborations. I know – they call me regularly. I for one am grateful to have had the pleasure and opportunity of working with many of these creative types.

Art and Culture. It has developed, much like our community, and now has municipal support on a grander scale. The Flagler County Board of Commissioners endorsed the formation of the Flagler County Cultural Council (aka, FC3) with area leaders to spearhead, cultivate, encourage and engage in advocacy and support of the arts and humanities (Editor's note: see article on page 26 for more details). This group vows to seek and provide resources that will enrich the lives of our residents and visitors. The Palm Coast and Flagler Beaches Tourist Development office has been a strong proponent of this group and has provided staffing and guidance to launch this initiative as part of their strategic plan.

Likewise, the City of Palm Coast has incorporated the arts into their long-range planning of Town Center with a designated Arts District. Outside consultants have been retained to conduct an arts and cultural facility market analysis and feasibility study. The study is underway with Phase I having just been completed.

Flagler County is rich in talent when it comes to visual artists. Gallery of Local Art (GOLA), Pineapple Gallery, Expressions (in the Grand Living Realty office), Art LaMay, Paul Baliker, and Bess studios are examples of where you will find unique, inspired, imaginative, original art by local artists. Salvo Art Project's JJ Graham has been at the forefront of showcasing artists as well as his own

thought-provoking and emotional work. Studios at Salvo Art provide cross-inspiration and collegiality among artists in this unique workspace.

In 2018 The Palm Coast Arts Foundation started a public art Turtle Trail collaborating with many of these local artists to create work inspired by historical artists or environmental themes. The Trail now has 17 turtles throughout Flagler County with 3 more in the planning stages. To celebrate the culmination of these first 20 life size turtle sculptures, a book is being considered for publication next year.

After a two-year pandemic hiatus from the annual Picnic and Pops concert with the Jacksonville Symphony, the Palm Coast Arts Foundation brings the Jacksonville Symphony back for an outdoor concert, October 29. This has been a local favorite for 12 years.

Let's support what we have. The theatre season has begun... The City Repertory Theatre never disappoints with their thoughtful programming of often edgy performances for the more mature audience. The small, intimate theatre in City Market Place promises an alternative theatre experience, often times humorous, provocative, intense shows. John Sbordone and Diane Ellertsen have jointly created this gem of a theatre experience for us. I encourage all to purchase their VERY affordable season tickets.

The Flagler Auditorium also announced their season. The premiere performing arts facility adjacent to Flagler Palm Coast High School has and continues to give us musical, dance, and comedy entertainment throughout the year. Tickets are affordable, find a performance that interests you and support them.

The Flagler Playhouse boasts our community live theatre in Bunnell. Area talent has their opportunity to shine on stage from the great line up of theatre scheduled this season.

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Why Community Theatre Is Important

Why is it important to support the arts in your community? Looking at the big picture, does it make any difference if you attend a community theatre production?

The answer is yes. Whether it is semi-professional or wholly amateur, community theatre contributes, not only to the arts, but to your community as a whole.

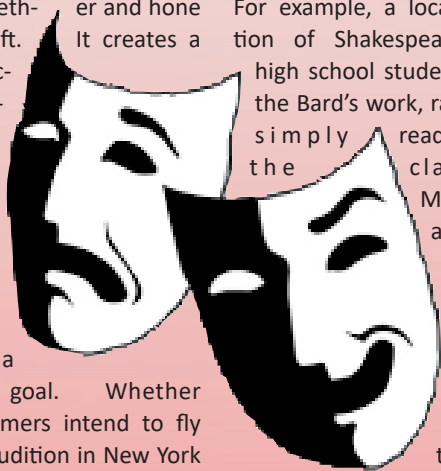
Firstly, community theatre allows aspiring actors and lifetime theatre hobbyists to come together and hone their craft. It creates a sense of accomplishment and develops a community spirit as cast and crew work towards a common goal. Whether the performers intend to fly off to an audition in New York City after the curtain falls, or simply plan to go home to their families and day jobs, a community theatre production provides its cast and crew with a second family, a support system, and a strong sense of pride in their contribution to the arts in their community.

But a local production does not only give back to those on-stage, it also provides the community with the chance to come together to celebrate creativity and teamwork. This side of theatre is too often dismissed when discussing its advantages in a community setting. The role of the audience is as important, if not more important, than that of the performer. Coming together to view a local production is an exciting experience, whether the performance is

fantastic or a flop. Perhaps a local production of a musical will be the first time a future Oscar winner will experience live theatre, or maybe it will be the setting for a romantic evening out which leads to a long-lasting relationship. You may make a new friend, discover a new interest, or simply find a new set of tunes to sing along with in the car.

Apart from the social aspect, theatre can be educational while still being entertaining. For example, a local production of Shakespeare allows high school students to see the Bard's work, rather than simply reading it in the classroom. Many plays and musicals are about important historical events; perhaps they will spark the interest of the writer in you or encourage a research project for a class, especially if they highlight an aspect of a particular era which is not usually focused upon.

Community theatre is a place of new discoveries and life-long learning. It can open your eyes to a new hobby, a new relationship or a new path in life. It contributes to the arts in a community, as well as teaching many important skills such as teamwork, problem solving, and confidence in public speaking. It strengthens a community's cultural environment, provides catharsis to its participants and viewers and is a safe place for people of all ages, cultures and experiences to come together and work towards a common goal.



The Arts from page 22

The historical societies of Palm Coast, Flagler County, and Flagler Beach just announced a "citizens-type academy" specific to the history of our community. Another opportunity for residents to learn about where they live. I know this will fill up quickly as they are limited in class size. Programs offered by our historical community are often free, so I encourage everyone to take advantage of their educational offerings.

Cultural outreach by our many heritage organizations provides a glimpse into the myriad of ethnic populations here in Flagler County. From the African American Cultural Society to the Portuguese

American and Hispanic American Clubs and others in the community, there is something for everyone of any ethnic origin.

Let us be reminded that these organizations operate on slim margins with mostly if not all, volunteer staff, so supporting our cultural activities in Flagler County is key to their survival. Shop at local galleries, attend performances, and stop by every First Saturday to see what artists are showing their work at the Creative Bazaars in Town Center, hosted by the Palm Coast Arts Foundation.

Art and Culture. Live It.

— Nancy Crouch

Arts Groups In The Palm Coast Area

Dance

Arthur Murray Dance Studio

Dance school
160 Cypress Point Pkwy #A214
(386) 225-4660

Elite Dance and Travel

Dance club
515 Palm Coast Pkwy SW #15
(386) 585-4274

Mia Bella Academy of Dance

Dance school
160 Cypress Point Pkwy D201
(386) 283-4939

The Dance Method

Dance school
(407) 995-6604

Fine Arts

Art LaMay Studios

Art gallery
4480 N Ocean Shore Blvd
(386) 503-4663

Baliker Gallery

Art gallery
5928 N Ocean Shore Blvd
(386) 446-0069

Bess Studio

Artist

3 Surf Dr
(386) 447-3915

Diana Minotti Fine Art, Antiques & Collectibles

Antique store
15 Palm Harbor Village Way
(386) 237-3233

Easel Works

Painting lessons
(386) 237-4740

Flagler County Art League Arts organization

160 Cypress Point Pkwy
386-986-4668

Gallery of Local Art (GOLA)

Art gallery
Flagler Beach, FL
(386) 439-6659

Gargiulo Art Foundation

386-446-0617, 8 Cedar Point Dr, Palm Coast

Lotus Gallery & Fine Framing

386-446-9500, 258 Palm Harbor Village Way, Palm Coast

Painting With A Twist

386-445-7768, 250 Palm Coast Pkwy NE #207, Palm Coast

Palm Coast Arts Foundation

1500 Central Ave
(386) 225-4394



We're not sure who created this artwork from the Salvo Gallery website, so publishing this photo without complete information is a minor breach of journalistic standards but the images here are so cool looking that we had to print them regardless.

Pineapple Gallery

386-439-6659, 208 S. Central Ave, Flagler Beach
Salvo Art Project
386-871-9546, 802 E. Moody Blvd, Bunnell

Sherry's Art Studio

Art studio
City Market Place, 160 Cypress Point Pkwy B 209, In City Market Place
(732) 997-9516

Vivo Art Studio

Art school
29 N Old Kings Rd Unit 10-B
(386) 338-1408

Theater

City Repertory Theatre

Performing Arts Theater
160 Cypress Point Pkwy, City Market Place
(386) 585-9415
Flagler Playhouse
Performing arts theater
Bunnell, FL
(386) 586-0773

Organizations/Miscellaneous

African American Cultural Society

Non-profit organization
4422 N. US HWY 1
(386) 447-7030

Choral Arts Society

Performing arts group
(407) 474-1437

Fantasy Art Photography

Photographer
101 Palm Harbor Pkwy NW
Suite #114, European Village
(904) 480-1955

Flagler Auditorium

Performing arts theater
5500 State Rte 100
(386) 437-7547

Floating Heart Circus Arts

Performing arts group
(386) 227-6260

Grateful Records

Record company
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Palm Coast Piano Lessons 88 Strings

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Kids Benefit From Music Education

Today, children of all ages experience rigorous career preparation as part of their education. School systems strive to implement mandated standards to help students excel in standardized testing and gain necessary skills for future job opportunities.

In this worthwhile pursuit, many creative school programs such as art and music are deemed unnecessary and cut from the curriculum.

What many schools do not realize, however, is that programs such as music education can have major positive impacts on growth and development.

In fact, these six benefits of music education not only show how music can benefit children now, but how it goes hand-in-hand with their preparation for future endeavors.

Enhanced language capabilities

Would you like your child to have a larger vocabulary and enhanced reading comprehension skills? Studies show consistent music education improves both areas. How does it work?

Emerging evidence suggests the area of the brain controlling both musical ability and language comprehension are more related than previously thought. Music education requires students to recognize and repeat pitch, tone or enunciation of words.

Especially in young children, music directly benefits the ability to learn words, speak them correctly, and process the many new sounds they hear from others.

Improved memory

Music education involves a high level of memorization. Students must be able to read music by sight, play the proper notes on their instrument or recall lyrics. This process benefits the overall memory center of the brain.

In one study, musicians outperformed non-musicians in auditory, visual, and memory tests.

Music is also easily stored in our memory. Have you ever had a song stuck in your head? You can use music to help children

remember things. Examples include using common tunes to memorize facts, playing meditative music during study time, and using music resources when presenting materials.

Strengthened hand-eye coordination

Playing a musical instrument has long been known to enhance dexterity and hand-eye coordination.

When playing an instrument, a musician must be able to create the correct notes through the proper hand motions, whether it be hitting keys, closing valves or using another apparatus to produce sound. In addition, the musician is also required to read the sheet music and follow the conductor.

This opportunity to grow motor skills is especially significant in younger children. Even a basic introduction to an instrument, such as a hitting a triangle or learning a song on a recorder, can be beneficial.

Powerful study habits

As children grow and are exposed to more rigorous courses of study, time spent reviewing and retaining is essential to success. More and more time in the classroom is spent on introducing new subjects and ideas, requiring students to work at home to ensure they have grasped onto the necessary information.

When children are exposed to proper music education, they learn powerful study habits. Mastering their specific musical craft takes a concerted effort, consistent practice and patience. These disciplined habits translate into other areas of study.

Mental processing and problem-solving heightened

In the end, one of the most useful benefits of music education is the increased ability to process situations and find solutions mentally. Those with musical training have been found to have higher levels of gray matter volume in their brains, which are directly tied to auditory processing and comprehension.



Artist Art Lamay in his studio.

Flagler County Cultural Council Set To Unite More Than 50 Arts Groups

The new Flagler County Cultural Council (FC3) will be an umbrella organization uniting more than 50 arts and cultural groups and helping to secure grants and promote arts and culture in the county.

At an introductory meeting Feb. 22 at the African American Cultural Society, Ed Siarkowicz said that while the organization will act as a community umbrella, it will be an inverted one, acting not as a blocker, overshadowing local organizations, but as a collector.

“We will make everyone else shine,” said Siarkowicz. “We will be supportive in nature.”

Siarkowicz is one of five members on the council’s board of directors, serving as secretary. The others are chair Richard Hamilton; treasurer Meshella Woods; Elaine

Studnicki, director of history and humanities; and Bettie Eubanks, director of fine arts and culture. Debra Naughton is the council’s liaison with the Flagler County Tourist Development Council.

The council, which uses the abbreviation FC3, has filed with the IRS as a nonprofit 501(c)(3) corporation to act as the sole arts agency for Flagler County. It has support from the county commission.

“We will make everyone else shine. We will be supportive in nature.”

According to its promotional material, the council will be able to seek funds not easily available to individual organizations. It will engage in advocacy and education for the arts and humanities. It will create and organize new events and

support established events. Working with the Tourist Development Council, the FC3 will promote cultural tourism.

Hamilton said the council has four constituencies: performance arts, visual arts, cultural heritage and history. The board members represent all four constituencies.

He said the board has met with the 50-plus arts and cultural groups to garner support.

“We talked to every one of them,” Hamilton said. “We solicited their opinions, where we’re going, what are the next steps.”

Hamilton said nearly all of the organizations were on board.

“A few said, ‘We’ll wait and see. We’ve seen other organizations come and go.’ But we wouldn’t be where we are without that implied support,”

Hamilton said.

The council brought in two speakers for the meeting. Danila Coppola of the Florida Division of Arts and Culture explained how local arts agencies are able to secure state grants to invest in arts and culture. Jaye Baillie, the executive director of Marion County’s local arts agency, said FC3 is starting up the right way.

“It’s so much fun watching the birthing of an organization that supports the arts,” Baillie said.

The council gave everyone who attended the meeting a survey card, asking questions, such as:

“What do you consider to be the most important issues relating to culture and arts in our community?”

“What might artists and cultural organizations do to make ours a more livable, prosperous community?”

The Council also presented membership tiers costing as little as \$20 for a student friend membership and \$100 to \$200 for full memberships.

There were several local organizations represented at the meeting. Historic enactors were in attendance. Kathy Reichard-Ellavsky, Theresa Owen and Gail Palmer were dressed as 1920s-era suffragists. Reichard-Ellavsky was representing Alice Scott Abbott, a suffragist from Bunnell.

The three women representing the American Association of University Women are raising money along with the Flagler County Historical Society to purchase the 1916 Seventh Day Adventist Church building in Espanola, move it back to its original location in Bunnell and turn it into a Florida Women’s Voting Rights Museum.



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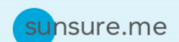
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Flagler Artists

An ancient art medium comes to life, by Joseph Cogswell

Liz Canali is a local artist with an unusual medium, at least for modern-day America. She works with felt. While some may think the use of felt is restricted to pool tables, crafts, or hats, felt is an art form that still thrives in Europe, Australia, and third-world countries.

Felt as an art medium has been around for thousands of years, dating back to the Sumerians, and even they had written legends about the mythological origins of felting. If the Sumerians don't know the origins of something, it must be an old tradition.

Canali specializes in a few forms of felting. Her first foray into the art of felting was hat making, which she learned while living in New England. There, she found a love for

working with felt, despite the scarcity of felt while learning the craft. Eventually, she discovered other felting styles and

ventured into a new creative space.

Two styles she learned were wet felting and needle felting.

When wet felting, hot water and sometimes soap is applied to hairs from alpaca, sheep, goats, rabbits, and beavers, and the maker agitates the fibers. This process causes the fibers to latch and weave all into a single piece of fabric. This form of felting produces two-dimensional works.

Needle felting uses notched needles and lots of patience to create felt pieces without using water and agitation. When using the specialized needles, an artist catches bits of felt and fibers, pulling them into position. This style of felting produces art that is three-dimensional and unique to this style of sculpting.



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Canali and her husband eventually gave up their 45 acres and came to Flagler County, where they live now. They raised their animals and lived off their land well up north, but they wanted a change. She had been making plenty of money up north crafting hats, but in Florida, hats didn't sell as well.

The move proved that her current business model needed to change and forced her hand into trying something new. Luckily, they made new friends, which made the move and lifestyle change easier to bear.

The move to Florida fundamentally changed the way she approached felt. It allowed her to find her creative voice. She found inspiration in the ocean, the sand, and the sky here. In an interview with Palm Coast Magazine, Canali said, "The ocean changes every day. It's never the same twice." She can find new sources of inspiration each time she walks on the beach.

She wants people to find serenity and peace in her work. Felt is a soft, delicate medium that requires a heavy appreciation for nature. Liz said, "I

want people to feel the peace and serenity I feel when I am inspired by nature.

She hopes that as she creates, her art teaches her to become a more open and generous person. In her sign-off in our interview, Liz wanted to tell our readers, "Don't be afraid to

live your dream. It's what I did, and I've never been happier."

If you want to see some of her work, feel free to drop by her exhibition at the Expressions Gallery on Colbert in Palm Coast, FL. Visitors can come between 1:00 and 3:30 PM until November 5th.



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Selection Of The Month

The Garden Club Of Palm Coast's Garden Of The Month



Sheryl and Joseph Pozzuoli of 8th Street in Flagler Beach have been recognized as the October 2022 Selection of the Month by The Garden Club at Palm Coast. Originally from New Jersey, they moved to Flagler Beach in 2000 and have been here for 22 years. Sheryl never uses any chemicals to protect the wildlife and pollinators. Many trees on her property have bird houses situated halfway up the tree.

The front driveway has a flower bed that surrounds the entire front of the house. The edging is made with colorful glass bottles with a hardscape frontage that has a firepit and bench. Metal structures, driftwood, pottery and pieces of ocean coral are artistically placed throughout the gardens.

The front yard has quite the diversity of plants: painted finger bromeliads, zinnias, blue daze, lantanas, flapjack, potato vines, blanket flower (Gaillardia), pencil cactus, oleander, plumbago, elephant ears, pink rose of sharon, coral amaryllis, portulaca, potted orange hibiscus, spider plants and a hedge of variegated schefflera.

On the right side there is a three-tier waterfall and a chimenea filled with vinca, salvias, verbena, portulaca and sweet potato vine. Next to the fence is a Norfolk Island pine, orange vincas, red mandevilla, red pentas, yellow lantanas, foxtail, jade, ice plants and a beautiful yellow and white flowering plumeria. A wall mounted waterfall and hanging plants near the front door greet visitors.

The back fence has a sign that reads, "Welcome to our little piece of Paradise." It's a mini oasis with a beautiful koi fish waterfall pond with fragrant pink blooming Evelyn Randig water lilies and surrounded with lush plants: foxtail, and, rabbit ferns, phoenix roebelenii palm, wandering jew, variegated schefflera, 'Petra' croton, Hawaiian ti and a hanging staghorn fern. This beautiful landscape near the ocean truly is a little piece of paradise.

Submitted by Nancy Iandoli, Selection of the Month Committee

October 2022

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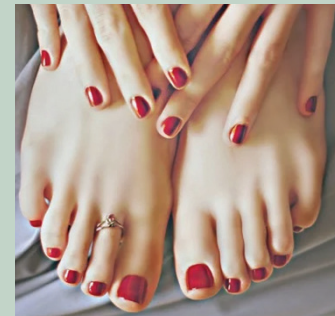
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Manicure, Pedicure, French Gel, Dip Powder, Builder Gel, Poly Gel



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Flora and Fauna

Check out some of nature's beauty in our own backyard



1. *Great Blue Heron: The largest heron in North America. Males weigh up to eight pounds, females up six pounds. They prefer to nest in colonies with other herons, but I've seen them nest close to an eagle's nest.* 2. *Great White Egret Chicks: Able to fly short distances by seven weeks of age, they leave the nest at 11 weeks. Most nests have one to three chicks, a lot of work for the parents to feed and protect but the job is split between them.* 3. *Brown Pelican: With a life span of 15 to 25 years the Pelican is the only bird species that can dive into water from a height of 30 feet. After catching a fish, the Pelican must drain out up to three gallons of water from its pouch before it can swallow.* 4. *Royal Tern: Found inland Florida only after hurricanes, they can be found along our shoreline in the winter months. They feed on shrimp and small fish and prefer to be in large groups for safety.*



Photos provided by Kim Zechnowitz, an ardent local amateur photographer who has been shooting birds and other nature subjects for many years.

October 2022

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1475 Palm Coast Pkwy, #102, Palm Coast, 386-585-4640, Burgers, American

Cantina Louie

10 Palm Harbor Village Way,

The Net By George Delivers The Goods

We headed to the beach last month to find some good fried seafood, something we've missed since we left Maine 18 months ago. Following the advice of a couple of friends, we visited The Net By George on Route A1A a ways south from the Flagler Beach pier and we're glad we did.

This is a no-frills kind of establishment where the emphasis appears to be concentrated solely on the food and nothing else. The non-descript interior looks as if it evolved into its present state without any kind of plan but it was comfortable and the little alcove area we were seated in was just a bit secluded and off the beaten path.

Our waiter appeared to be harried all night and we wondered if he was working alone

but we couldn't see the main dining area so we weren't sure. Whatever the case, he made a great effort to give us good service, succeeding most of the time.

The kitchen did its job too,

sending us dishes that were well executed and in a relatively timely manner. We came here primarily for the fried seafood, although there are a number of other options on the menu, but it was the food coming out of the fryers that we were on a mission to try this night.

Our favorite seafood restaurant in Maine was even more utilitarian than George's place, with paper plates, plastic utensils and oilskin cloths covering picnic tables that were communal.

So we felt like we were in the lap of luxury here and the important part was that the food satisfied us just as much as it



The Northern Combo seafood platter with roast potatoes.

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Linguini with clams.

checked. When we come back it will be for the same food we ate on our first visit.

And we can honestly say that this is the first restaurant we've been to since we moved to this area that we felt like we had to go back and get a dish again. I think, personally, that that's the best indicator of a restaurant's value.

did all those years ago. A seafood platter in 1977 cost \$7.75 and was heaped with scallops, clams, shrimp and haddock. Not sure what it is today, even though we stopped there on our drive down to Florida a year and half ago, but it's obviously considerably more.

George's portion and price was definitely a good deal and the seafood itself seemed fresh and was certainly well-cooked. For us to be happy with a seafood place like this, those are the only boxes that need to be

Now don't think that there's only seafood here because George offers a lot of other items as well, like the linguine with clams you see on this page. Okay, clams are seafood but there are several other pasta dishes as well as dishes like liver and onions, a strip steak, a couple of chicken dishes and a number of Early Bird specials from 4-6 PM that are even more reasonably priced than the rest of the menu. There's more

to say about the menu but not much space left so you'll have to check out their website to learn more. Or just go to The Net and start eating like we did.

In the most challenging time restaurant owners have seen in quite a while, The Net By George is serving good food and delivering good value to its customers and that's something to take note of.

The Net By George, 1916 S. Route A1A, Flagler Beach, 386-338-3258.



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1475 Palm Coast Pkwy, Palm Coast, 386-447-8788, Chinese, Fast food
- China One Restaurant**
120 Palm Coast Pkwy SW, Palm Coast, 386-445-7188, Chinese, Asian
- Cinnamon Beach Grill**
519 Cinnamon Beach Ln, Palm Coast, 386-445-6999, American, Bar
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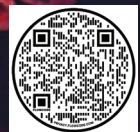
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Wednesday

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Thursday

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Friday

Lunch: Chicken Panini, \$8.95

Dinner: Rice Balls, \$4.95, parm style \$5.95

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Tues

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Wednesday

Combo Special-\$31: 1 lb Shrimp (no head), 1/2 lb Snow Crab

Thursday

Combo Special-\$35: 1/2 lb Shrimp (no head), 1 lb Snow Crab

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Wednesday

Wine Down Wednesday, get \$1.00 off wines by the glass and 25% off all bottles.

Thursday

Florida brand brewery & sandwich special, \$1.00 off drafts and 10% off bottles and cans of Florida beers. Order a Boar's Head sandwich and get 10% off as well.

Friday

Finally Friday Happy Hour from 4-7 PM. Get \$1.00 off all drafts and wines by the glass as well as 10% off all bottles and cans.

Entertainment

Local productions of *Assassins and Oliver* and more tribute bands

The Flagler Playhouse ends its 2022 season showing “Driving Miss Daisy” for six days. The premier night is Friday, November 4th at 7:30, with performances continuing the following Saturday evening and Sunday afternoon at 2:00. The performances resume the next weekend, starting at 7:30 on the 11th and 12th and finishing on Sunday the 13th at 2:00.

This theatre seats only 140 people and tickets are selling fast for each showing of “Driving Miss Daisy.” Get your tickets for this incredible experience before they sell out.

Written by Alfred Uhry, the Pulitzer Prize and Outer Critics Circle-winning “Driving Miss Daisy” is set in Atlanta, starting in 1948, preceding the civil rights movement. It begins suddenly with a crash, where the play’s namesake, elderly Daisy Werthan, wrecks her car. Her middle-aged son, Boolie, informs her that she will no longer be allowed to drive herself around and must rely on a chauffeur to transport her to appointments. This chauffeur is 60-year-old Hoke Coleburn.

72-year-old Daisy Werthan is a southern aristocrat of Jewish descent who cares very little for Hoke due to her prejudices. She is also initially very patronizing and crotchety towards her new driver. She despises needing to rely on a black man to drive her around, and for his first few weeks of employment, Hoke sits at her house doing nothing.

Hoke Coleburn, in turn, is a thoughtful, patient man who starts the play with no job. When Miss Daisy begins to treat him poorly, he weathers her attitude and does his job despite her protestations. He is steady and full of dignity, refusing to be broken by her at-
October, 2022

titude.

Despite their opposing backgrounds and initial disdain for one another, the pair’s relationship improves in the 25 years that occur in the play. In several scenes throughout the timeline, the two realize the



Angela Lahsbury and James Earl Jones in an Australian production of *Driving Miss Daisy*.

things they have in common and begin to rely on each other throughout the years. Miss Daisy eventually gives in to having hired help, and Hoke eventually wears down her prickly facade. Miss Daisy even teaches Hoke to read and write, in an extension of goodwill, and invites him to her banquet honoring the great Martin Luther King, Jr.

The play ends in a dramatic and touching scene of friendship, camaraderie, and love between the two, where they come to a level of understanding that they never believed they would reach. Despite the racial tensions of the time and their initially shaky relationship, this pair gets a level of intimacy that rivals many elderly relationships.

Alfred Uhry wrote this play and two others about his experiences as a Jew living in Atlanta, Georgia. The play only has three characters and explores the connections and relationships between these three

characters. His grandmother, her chauffeur, and his father inspired the characters. This play was so highly regarded that Uhry eventually turned it into a screenplay in the 80s, winning an Academy Award and boosting the careers of its actors.

“Driving Miss Daisy” is not a musical. While not a violent or explicit play, this production does contain some mature content, including racism, prejudice, and the challenges of aging. It may be a good play for families, but children might find the content too heavy for their liking.

If you’re looking for a production that explores those challenges and depicts the struggles of an older woman trying to learn her place in a rapidly changing world, then this play is for you.

Nearing the end of the 2022 season, the City Repertory Theatre is proud to present its production of “Charley’s Aunt.” This play’s premiere is on Friday, October 28th at 7:30 and continues on October 29th, November 4th, and November 5th at the same time. The play also shows at 3:00 on October 30th and November 6th.

“Charley’s Aunt” is a farce written by Brandon Thomas.

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Millennium Bistro

9 Palm Harbor Village Way, Palm Coast, 386-225-4809, Brazilian, European, Portuguese

Moe’s Southwest Grill

250 Palm Coast Pkwy NE, Palm Coast, 386-585-4020, Mexican, Southwestern

Moonrise Brewing Company

101 Palm Harbor Pkwy, Palm Coast, 386-627-8614, Gastropub, American, Bar

My 5th Element

101 Palm Harbor Pkwy #126, Palm Coast, 386-302-0202, Indian, Veggie

Napoli Pizzeria

4845 Belle Terre Pkwy, Palm Coast, 386-225-4569, Italian, Pizza

Olive Garden

5924 E. Hwy 100, Palm Coast 386-586-2924, Middle Eastern, Veggie

Outback Steakhouse

45 Plaza Dr, Palm Coast, 386-446-6280, American, Steak

Palm Harbor Grill

9 Harbor Center Dr #11 Palm Coast, 386-283-5656, Barbecue, European, Portuguese

Portugal Wine Bar & Grill

15 Palm Harbor Village Way Palm Coast, 386-225-4753, Seafood, Mediterranean, European

Red Crab

60 Garden St S, Palm Coast, 386-585-4245, Seafood

Red Koi

European Village, Palm Coast, 386-585-4088, Japanese, Sushi

Red, White & Blues

101 Palm Harbor Pkwy, Palm Coast, 914-804-4975, American, blues music

Rodie’s Place

5115 N. Ocean Shore Blvd

Palm Coast, 386-283-4647, American, Veggie

Sakura Japanese Steakhouse
260 Cypress Edge Dr, Palm Coast, 386-447-9888, Japanese, Sushi, Asian

Salsas Mexican Restaurant
250 Palm Coast Pkwy NE, Palm Coast, 386-445-3096, Mexican, Southwestern, veggie

Sami's
4982 Palm Coast Pkwy NW Palm Coast, 386-246-5900, Italian, Pizza, Veggie

Sonny's BBQ
25 Cypress Edge Dr Palm Coast, 386-446-5700, American, Barbecue

Steak & Shake
1 Cypress Edge Dr, Palm Coast, 386-446-6936, American, Fast Food

Sushi 99
250 Palm Coast Pkwy NE Palm Coast, 386-302-0399, Japanese, Sushi, Asian

Sushi Bar At Hammock Beach
200 Ocean Crest Dr, Palm Coast, 386-447-4600, Japanese, Seafood, Sushi

Texas Roadhouse

Entertainment from page 37

Farcical plays use absurd humor, satire, parodies, and the abundant use of physical shtick to bring the point across. Despite the exaggerated nature of the content, farcical plays always have an element of realism in their content. The contrast between the realism and the exaggeration of "Charley's Aunt" brings this production to life.

"Charley's Aunt" is the story of two men looking for the woman of their dreams. Jack Chesney and Charles "Charley" Wykeham are both Oxford undergraduates and intent on wooing their ideal partner. However, neither knows how to do it. They plan a lunch party with their two belles in an attempt for both of them to confess their love to them.

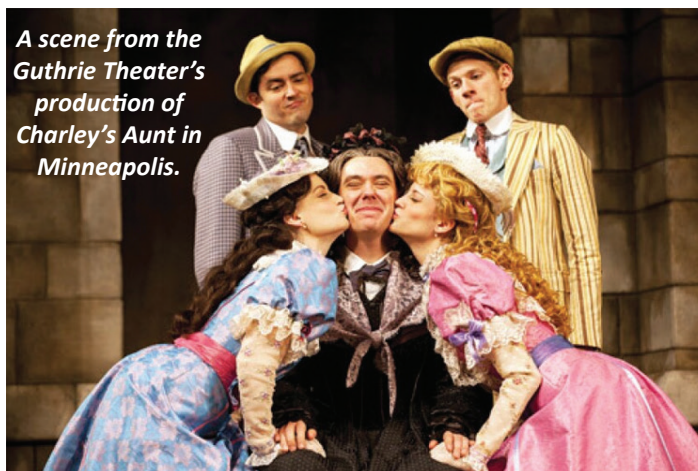
However, their plans are foiled by Charley's aunt, Donna Lucia d'Alvadorez. The wealthy Brazilian widow is visiting him,

so they need someone to distract her while they have dinner with the girls. To that end, they invite their friend Fancourt Babberley—or Babbs—to be a date for their aunt at this dinner party.

Plans are even more mixed up when Jack's father arrives, declaring his poor financial situation, which he needs his son to fix. Jack decides that the best way to improve his

father's economic slump is to set him up with Charley's aunt. Jack hopes they hit it off well enough to save his father from total financial devastation. Despite his plans, Charley's aunt is delayed, and they have to find some way to patch this already poorly-planned luncheon.

One of the male attendees dresses up as Charley's aunt, attempting to woo Jack's father. He does a remarkable job



A scene from the Guthrie Theater's production of Charley's Aunt in Minneapolis.

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playing the part. Of course, his plans are foiled when Charley's aunt Donna shows up earlier than she expected she would.

Despite the many setbacks, Jack and Charley finally profess their love for their belles, and other characters find a partner of their own. Everything works out for all the characters, and they all go their way in the epic conclusion of this tale.

As you can tell, the

never stop in this production of "Charley's Aunt." This play is not a musical and does deal with some adult themes, even if they are outlandish and highly exaggerated. Many children may find some of the comedy sketches of this production entertaining, but most probably won't. As such, teenagers are the youngest crowd likely to be entertained by this play. However, adults of all ages will be more than engaged by the masterful writing of Brandon Thomas.

Tina Turner Tribute Comes To Social Club Of Palm Coast



Tina Turner tribute artist Kitei has been singing professionally for over 25 years and entertaining audiences as far away as Las Vegas. She has been performing as "The Queen of Rock" for over 20 years. While captivating fans with her comparable rendition of the legendary Tina Turner, Kitei's tribute is her passion and "The Ultimate Experience." Love HAS got a lot to do with her passion for paying tribute to the fabulous Tina. You can see her on November 5 at the Social Club of Palm Coast. Scan the QR code below to go to Eventbrite to purchase tickets or call 440-666-7019. VIP tickets are \$37 and general admission are \$29.



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386-302-4983, American,
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Palm Coast, 386-302-0709,
Thai, Asian, Sushi

The Brass Tap

250 Palm Coast Pkwy NE
#201, Palm Coast, 386-585-
4551, American, Bar, Pub

Tomahawk Tavern

U.S. Rt. 1, Bunnell, 386-313-
6002, American, steak, bar,
axe-throwing

Tram's Cafe

101 Palm Harbor Pkwy, Palm
Coast, 386-276-9002, Viet-
namese

Vida Restaurant

European Village, Palm Coast,
386-302-0002, Latin cuisine,
full bar

Village Market Pub & Deli

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386-225-4500, Sandwiches,
Deli, Pub

Woody's BBQ

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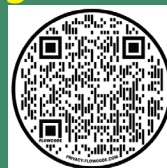
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— Brad W.

Events, Meetings, Classes, etc.

Events

Palm Coast Farmer's Market
October 2, 9, 16, 23, 30 @12-4 PM

European Village, 101 Palm Harbor Pkwy, Vendors include sellers of seafood, meats, dairy products, nut butters, many varieties of crafts and a lot more every Sunday.

First Saturday Creative Bazaar Arts & Crafts Market

October 1, 1500 Central Avenue, Town Center. Produced by The Palm Coast Arts

Foundation, this is a bazaar flea market featuring arts and crafts every first Saturday of the month. Located at

Book Club
October 7, 10:30-11:30 AM, first Friday of the month,

Palm Coast Community Center, free. Do you love to read? Each month will have a designated genre. You select and read a book that falls within the monthly category. Book suggestions are available on our website if you need a little help. That month we will

meet to share our impressions, reactions, and feelings. June: Reader's Choice. Go to www.parksandrec.fun/adults to sign up.

Italian American Club Bingo Mondays & Tuesdays, 45 Old Kings Road, doors open at 3 PM on Monday with free dinner served. Tuesdays, doors open at 10 AM and free lunch is served. Call 386-445-1893 for more information.

Palm Coast Arts Festival
Saturday, Oct. 22, 11 AM-5 PM, Central Park at Town Center. The Palm Coast Arts

Festival is an artist expo featuring art from around the area. Come on out and explore art created using different mediums by a variety of artists in our area. Paintings, carvings, sculptures and more will be showcased. Food and entertainment will also be there.

Website: palmcoast.gov/events
Corvettes at Palm Coast Car Show

Sunday, October 9, Gibbs Chevrolet, Rt. 100, 10 AM-3 PM. Food, music, 50/50 and lots of Corvettes. See the flier at www.flaglercountycorvette-club.com for more details.

Are Your Ducks In A Row? October 4, 11 AM, Palm Coast community center, free. Presented by Lohman Funeral Home, includes the seminar with a guest speaker and a business expo and includes lunch. Call 386-224-6519 for more information.

Meetings

New Jersey Social Club
Wednesday, October 27, 1 PM, Palm Coast Community Center. Social club for former New Jersey residents with a

The activities that we have listed here that are presented by the city's park and Recreation Department are only a fraction of the total activities that occur on a regular basis. There is a truly impressive variety of activities, classes and other events that this department produces — their catalog is 38 pages. So go to <https://www.palmcoast.gov/parks-and-recreation> or scan the QR code to see a lot more.



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The Jersey Tenors
Nov. 18, 2022 - 7PM



One Night of Queen
Nov. 30, 2022 - 7PM

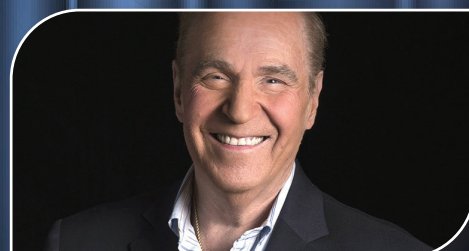


**The Celtic Angels
Christmas**
Nov. 25, 2022 - 7PM



A Salute to Women
**PAT & PINK
Tribute**

Oct. 15, 2022 - 7PM
Fundraiser for Breast Cancer Patient Support



Steve Solomon
Home for the Holidays
Dec. 8, 2022 - 7PM

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Events, Meetings, Classes, etc. from page 40

monthly meeting on the fourth Wednesday of each month. For more information, contact membership chair Penni Knapp at 386-246-6904.

Timucua Indians, Florida's First Natives. We'll also discuss the arrival of the Spanish into La Florida in the 1500s.

Nov 18 - AdventHealth: Hear from an AdventHealth Orthopedic expert on the most common causes for joint pain and learn about the latest treatment options available.
Dec 9 - Flagler Beach Museum: Our presentation will include how the Flagler Beach Historical Museum was born while planning the 75th Celebration for the City in April 2000 and the recorded history, growth, and progress of our little town known as Ocean City from 1913 to 1923.

Sew Spooky Shindig
Oct 29, Cut Up & Sew, 160 Cypress Edge Pkwy (City Marketplace) This is a family friendly event and you are highly encourage to bring your children and grandchildren. There will be trick or treating, costume

Activities

Lunch N' Lecture Series

Fridays, 11 AM-12:30 PM, Palm Coast Community Center. Presented in partnership with AdventHealth. Join professionals during lunch for discussions on topics that may affect the lives of our adult community. Pre-registration is required 72 hours before the program date and while space is available.
Sept 9 - Flagler Audubon: Ever want to know more about the birds in your backyard? Join us to learn about some of the common backyard bird species in Palm Coast as well as the basics of identifying birds.
Oct 7 - Florida Agricultural Museum: Learn all about the

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"I've got to the point where it's all up to me now," says Multi-Platinum Country star Trace Adkins, 25 years into a career filled with bold authenticity and chart-topping smashes. "I can do whatever I want ... and that's a beautiful place to be." He'll be live at the Amp in St. Augustine on October 15.

contests, free demonstrations, giveaways and more. Paranormal Potluck: People are encouraged to bring a Halloween themed snack to share with everyone else. Ex: Brain mold jello, skeleton finger pretzels, bloody brownies, etc.

Sewing Studio: Every Monday (10:30 - 4:30) This is a day for you to work on all those projects you haven't had time to finish up! Come in and have fun working and sharing YOUR work, knowledge and talent with each other. Fee: \$10
Beginner Quilting 101
October 4, 11 & 18

Have you wanted to make a quilt but didn't know how to start? Has it been years since you last sewed and you need a refresher course on quilt making? If you answered yes to either of those questions, this class is for you. In this 3 day class you will learn to make a quilt top from start to finish. You will learn the basics of piecing, making blocks, using borders and more.

Beginner Sewing 101
October 6th

Learn how to thread your machine, wind a bobbin and use the stitch selector. The focus will be on getting comfortable with controlling your sewing machine, gaining a better understanding of sewing machine parts, controlling speed and stitch lengths. Using
October, 2022

simple straight stitches, you'll make a charming pillowcase to take home at the end of your class.

Intermediate Pickleball
Wednesdays, Aug. 17-Dec. 29, 8-10:30 AM, Holland Park Tennis Courts Intermediate Pickleball is designed to improve your game against up-and-coming players. Building upon the skills learned in Beginner's Pickleball, this program is meant to be progressive and designed for more advanced players that are looking to improve their game. 18+ years, free. Register: parksandrec.fun/athletics

Adult Pickleball Tournaments
Saturdays and Sundays, Oct. 15-16; Nov. 19-20, 8 AM-4 PM, Holland Park Tennis Courts The tournaments are played in a double-elimination style format and feature men's and women's doubles and mixed doubles play. Players should be level 4.0 and under only. It will be played in a Round Robin style format for seeding on Saturday and then Sunday will be tournament-style play. 18+ years, \$40/person Register: parksandrec.fun/athletics

Beginner's Pickleball
Tuesdays and Fridays, Aug. 16-Dec. 30, 8-10:30 AM, Holland Park Tennis Courts Do you want to learn how to play in a

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Events, Meetings, Classes, etc. from page 43



On Saturday, November 5 country superstars Alabama will be at the Amp in St. Augustine. Alabama is the band that changed everything They brought country music to the mainstream and from side stage to the main stage. Alabama introduced rock style guitars, lights, pyrotechnics and sounds to the country audience.

fun and friendly atmosphere? Try out our Beginner's Pickleball. A minimum of 4 pre-registered participants is required to provide an instructor. Please register early. Paddles, balls, and nets are available for use. 18+ years, free. Register: parksandrec.fun/athletics

Ladder League Pickleball

Thursdays, Sept. 8-Oct. 27, 8 AM-12 PM, Holland Park Tennis Courts Welcome to our new Pickleball Ladder League. In this format, players at 2.5-3.5 play levels can compete against players with similar skill levels each week. For 8 weeks players will be placed in groups of 4 in the order of

their ranking on the ladder for match play. 18+ years, \$5/person. Register: parksandrec.fun/athletics

Open Gym Volleyball

Mondays & Wednesdays Session 2: Oct. 17-Dec. 21, 7-9:30 PM, Indian Trails Middle School, Bring your friends or meet new ones in this co-ed volleyball program. New teams are created weekly. We use two nets, with teams rotating in and out of play. One net is for competitive style play and the second net is for recreational style play. 18+years, \$30/session or \$ 3/drop-in Register: parksandrec.fun/athletics

Open Gym Basketball

Tuesdays & Thursdays Session 2: Oct. 18-Dec. 22, 7-9:30 PM, Indian Trails Middle School, Play some hoops with your friends or meet new people. This adult co-ed basketball program is a non-competitive, recreation program. 18+ years, Fee: \$30/session or

\$3/drop-in. Register: parksandrec.fun/athletics **Golf**

Palm Harbor Golf Club Annual Passholder Discount Card Nov. 28, 2022-Jan. 1, 2023, Palm Harbor Golf Club

The Palm Harbor Golf Club Annual Pass Holder discount card "Early Bird" sale starts November 28, 2022. Enjoy the extra benefits of the Annual Passholder card early bird sale and receive a complimentary 18-hole round of golf. Card benefits begin Jan 1, 2023. Fee: \$175

Register: Please visit the Palm Harbor Golf Club

Palm Coast Historical Society Nine & Dine Outing

Monday, October 17, 3:30-5:30 PM Golf, 5:30-7:30 PM Dinner, Palm Harbor Golf Club The outing includes nine holes of golf and a meal afterward at the Green Lion Cafe. Proceeds benefit the Palm Coast Historical Society, 16+ years, \$50/ golfer. Register palmcoasthis-

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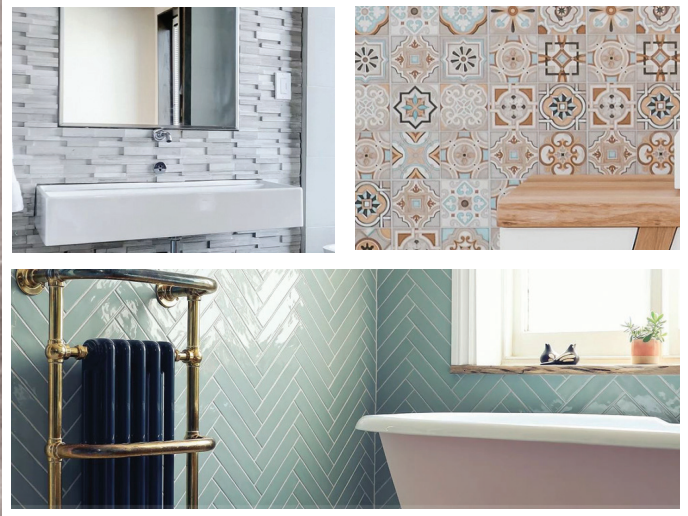
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The Pat & Pink fundraiser for breast cancer patient support that will happen at Flagler Auditorium on October 15 is titled "A Salute Women" and will feature the talents of these two accomplished female performers. Tickets are available at the Flagler Auditorium box office now. Call 386-437-7547 for more information.

tory.org

Live Happenings

Concerts

St. Augustine Amphitheater, 1340C, A1A S., St. Augustine, 904-209-3746.

- Oct 6 — The War On Drugs.
- Oct 13 — The Head & The Heart
- Oct 14 — Gov't Mule & Old Crow Medicine Show with special guest Shakey Graves
- Oct 15 — Trace Adkins with special guest Eddie Montgomery

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Events, Meetings, Classes, etc. from page 44

Nov 2-3 — Lauren Daigle

Nov 4-5 — Alabama with special guest The Red Clay Strays

Nov 12 — Bonnie Raitt with special guest Marc Cohn

European Village Live Music

Sat, 1st — Ian Opalinski 7-10

Fri, 7th — Mike & Vin 6-10

Sat, 8th — Mike Hynes 6:30-10:30

Fri, 14th — @Glory Jax Band 7-10

Sat, 15th — Randy Elvis 7-10

Fri, 21st — TBA 7-10

Sat, 22nd — Paul Catskills Band 7-10

Fri, 28th — BYE 7-10

Sat, 29th — Halloween Party at the Village, Live music w/ "Ferris" 7:30-12

business owners. Call Brad at 386-283-0955 for info.

Palm Coast Business Professionals Network Meeting

October 6, 13, 20, 27 @ 7:30 AM, Carrabba's Italian Grill, 160 Cypress Park Dr., Weekly networking meeting of local business owners. Call Brad at 386-283-0955 for info.

Professional Women Of Flagler County

October 7, 8:30-10 AM, 55 Town Center Boulevard. Networking breakfast. Call Danielle at 386-843-0443 for more information.

Boss Ladies Of Flagler County

October 20, 5-7 PM, Oceanside Beach Bar & Grill, Flagler Beach. Networking event. See their Facebook page for more information.

Leads Into The Future

October 4, 11, 18, 25 @ 9 AM, Carrabba's Italian Grill, Weekly networking meeting of local business owners.

Business Functions

Referral Diamond Network Meeting

October 5, 12, 19, 26 @ 8 AM, Carrabba's Italian Grill, 160 Cypress Park Dr. Weekly networking meeting of local

Just So You Know...

Palm Coast magazine comes out the first of every month and is available at these locations:

Carrabba's	VFW Hall
Community Center	Palm Harbor Golf Club
Shell Foodmart	Cut Up & Sew
County Government Bldg	City Hall
Flagler Auditorium	Wawa, Route 100
Burger Bros	Fairfield Inn
European Village	Days Inn
Pine Lakes Golf Club	Microtel Hotel
African-American Cultural Center	Red Roof Inn
Texas Roadhouse	Econolodge
Dominic's Deli	Best Western Hotel
Garden Club	Hampton Inn
Portuguese Club	Italian-American Club
Palm Coast Lanes	Palm Coast Social Club
Elks Lodge	Imaging Center
	Hilton Garden Inn

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Saturday, November 5, 2022

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1700-2200 (5 PM - 10 PM) • Cash bar/Social hour 5-6 PM • Dinner, Ceremonies & Dancing 6-10 PM • Dress Semi-Formal

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